

**MAPLES Pilot Feasibility Trial Fidelity Assessment Checklist
Activity Engagement Group**

Rating Instructions: Upon listening to each audiorecording for each session, rate each aspect on whether they occurred as below.

The Activity Engagement Group is flexible by nature, and this should include:

- No mention behavioural activation/activity scheduling
- No encouragement of direct planning beyond the group
- Therapist encouragement of engagement on activities within the group
- Therapist encouragement of participant autonomy of activities chosen
- Non-linear structure of groups

For the first two components, rate as below:

2: Component was not present

1: Therapist attempted component partially/questionably

0: Therapist covered component adequately

For the last three components, rate as below:

0: Component was not present

1: Therapist attempted component partially/questionably

2: Therapist covered component adequately

A new checklist should be completed for each session of each cohort of the Activity Engagement Group. Scores are to be compared across and within cohorts of the group.

Cohort Number:

Session Number:

Date:

___ No mention of behavioural activation/activity scheduling

___ No encouragement of direct planning beyond the group

___ Therapist encouragement of engagement on activities within the group

___ Therapist encouragement of participant autonomy of activities chosen

___ Non-linear structure