**Supplementary Materials**

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**Supplementary Figure 1. Bi-directional associations between obesity from GIANT and non-alcoholic fatty liver disease (NAFLD).** A) association between obesity and body fat distribution indices (exposures) and NAFLD (outcome) using inverse-variance weighted Mendelian randomization (IVW-MR) and all sensitivity analysis B) association NAFLD (exposure) and obesity and body fat distribution indices (outcomes) using IVW-MR.

**A screenshot of a computer screen

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# Supplementary Figure 2. Association between waist circumference and body mass index from GIANT with non-alcoholic fatty liver disease using multivariable Mendelian randomization.

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**Supplementary Figure 4. Association between waist circumference from GIANT and coronary artery disease and type 2 diabetes before and after accounting for non-alcoholic fatty liver disease using univariable and multivariable Mendelian randomization.**