

## Default Question Block

**Project Title:** The Development of an e-Learning Physical Activity Module for Early Childhood Education Candidates: A Delphi Study

**Principal Investigator:**

Trish Tucker, PhD, Faculty of Health Sciences, Western University

**PhD Student Investigator:**

Brianne Bruijns, PhD Student, Health and Rehabilitation Sciences, Western University

### Letter of Information and Consent

#### Invitation to Participate

You are being invited to participate in this Delphi study regarding the generation of an e-Learning physical activity module for Early Childhood Education (ECE) candidates because you are a researcher with expertise in physical activity or sedentary behaviour in the early years (<5 years).

#### Purpose of the Letter

The purpose of this letter is to provide you with information required for you to make an informed decision regarding participation in this research study.

#### Purpose of this Study

The purpose of this Delphi study is to generate physical activity and sedentary behaviour-related content for an e-Learning module that will be implemented with ECE candidates in Canadian college/university ECE programs.

#### Inclusion Criteria

Researchers invited by the research team who have expertise in physical activity or sedentary behaviour in the early years.

#### Exclusion Criteria

Researchers not invited by the research team.

#### Study Procedures

If you agree to participate in this study you will be asked to complete three, 10-minute surveys online through Qualtrics over a 3 month period.

#### Possible Risks and Harms

There are no known risks or discomforts associated with participating in this study.

#### Possible Benefits

You may not directly benefit from participating in this study; however, by participating, you will contribute to the development of content/topics for an e-Learning physical activity module for ECE candidates, a training tool that is being created to better support those in the ECE profession to promote physical activity among young children.

**Compensation**

There is no direct compensation for your participation in this study.

**Voluntary Participation**

Participation in this study is voluntary. You may refuse to participate, skip any survey questions or withdraw from the study during survey participation at any time during survey completion (until your survey is submitted at which time, it will be included in the study - as the anonymous nature of the survey will inhibit us from knowing which survey is yours). You do not waive any legal right by consenting to this study.

**Consent**

Completion of the survey is indication of your consent to participate.

**Confidentiality**

The information collected will be used for research purposes only, and no personally identifiable information, other than your email address, will be collected within the Delphi surveys. Your email address will be collected in order to send you subsequent study surveys. You will be assigned a unique code in your initial invitation email, which you will be asked to enter prior to your completion of each survey. As such, your email address will not be linked to your data, and the master list of email addresses will only be used for recruitment purposes. All data will be grouped with other participants for publishing or presentation purposes. All information collected for the study will be kept confidential by the study investigators. Representatives of Western University's Non-Medical Research Ethics Board may require access to your study-related records to monitor the conduct of the research. Your survey responses will be collected anonymously through a secure online survey platform called Qualtrics. Qualtrics uses encryption technology and restricted access authorizations to protect all data collected. In addition, Western's Qualtrics server is in Ireland, where privacy standards are maintained under the European Union safe harbor framework. The data will then be exported from Qualtrics and securely stored on Western University's server. All electronic files will then be saved on password-protected computers. Data will be saved for 7 years before it is properly destroyed.

**Contacts for Further Information**

If you have any questions about the conduct of this study or your rights as a research participant you may contact the Office of Human Research Ethics at Western University (519) 661-3036, email: [ethics@uwo.ca](mailto:ethics@uwo.ca). If you have any questions about this study, please contact Dr. Trish Tucker (519) 661-2111, ext. 88977, email: [ttucker2@uwo.ca](mailto:ttucker2@uwo.ca).

**Publication**

If you would like to receive a copy of the overall results of the study, please indicate so by following the linked survey at the end of the Delphi survey.

**Block 3**

Please enter your participant ID (sent to you in your initial invitation email)

**Block 1**

Please list your **top 12 topics** you believe should be covered in a *Physical Activity and Sedentary Behaviour e-Learning Module for Early Childhood Education Students* below, and **provide a brief description** to justify your topic choice. Please note these topics are not ranked.

Topic 1:

Topic 1 Justification:

Topic 2:

Topic 2 Justification:

Topic 3:

Topic 3 Justification:

Topic 4:

Topic 4 Justification:

Topic 5:

Topic 5 Justification:

Topic 6:

Topic 6 Justification:

Topic 7:

Topic 7 Justification:

Topic 8:

Topic 8 Justification:

Topic 9:

Topic 9 Justification:

Topic 10:

Topic 10 Justification

Topic 11:

Topic 11 Justification:

Topic 12:

Topic 12 Justification:

**Block 2**

Please list the name(s) of any researchers you believe should be included in the physical activity expert panel: