

Occupational Questionnaire for Clinical Research Associate

This survey is conducted anonymously and the information obtained will be used only for the purpose of occupational health services. You can voluntarily decide whether or not to participate in this survey.

According to your work situation in the past 5 months, please choose the best option from the options in this table. Your answers will provide useful references for improving your working conditions in the future. Please answer each question carefully.

Please tick one answer that best reflects your real situation in the following questions. Only one item can be selected per each question.

The first part

1. Gender
①Male ②Female
2. Age group(yrs old)
a) < 25 ②25-30 岁 ③>=31
3. Marital status
① Unmarried ②Married childless ③Married with children ④Divorced
4. Education background
①Pharmacy ②Medical related ③Other ____
5. Education level
① Undergraduate or under ③Graduate degree or above
6. Number of managed trials
①1-2 ②3-4 ③>=5
7. Hours worked per week
①<=50 ⑤>50
8. Main working mode over the past 5 months
① Unable to monitor ②Remote monitoring ③On-site monitoring after suspension of monitoring ④Combination of remote and on-site monitoring
9. The hospital I am involved in supports me.
①Very unlikely ②Somewhat unlikely ③Somewhat likely
④Fairly likely ⑤Very likely
10. I might get a promotion.
①Very unlikely ②Somewhat unlikely ③Somewhat likely
④Fairly likely ⑤Very likely

11. I'm satisfied with the company's salary

- ①Very unlikely ②Somewhat unlikely ③Somewhat likely
④Fairly likely ⑤Very likely

The second part

[Burnout Test Scale]

Please read the following questions carefully and fill in the following figures according to your own situation. 1. Indicating "never done so"; 2. Indicating "seldom do"; 3. Indicating "not clear"; 4. Indicating "sometimes do"; 5. Indicating "always like this".

1. I feel frustrated at work

- ①Never ②rarely ③not clear ④sometimes ⑤always

2. I feel I'm not understood

- ①Never ②rarely ③not clear ④sometimes ⑤always

3. My work makes me exhausted

- ①Never ②rarely ③not clear ④sometimes ⑤always

4. I think I work too hard

- ①Never ②rarely ③not clear ④sometimes ⑤always

5. When facing the work, I feel powerless.

- ①Never ②rarely ③not clear ④sometimes ⑤always

6. I feel frustrated at work.

- ①Never ②rarely ③not clear ④sometimes ⑤always

7. I feel that I am not carrying out my work in an appropriate way.

- ①Never ②rarely ③not clear ④sometimes ⑤always

8. I'd like to take a break or transfer to another position.

- ①Never ②rarely ③not clear ④sometimes ⑤always

9. I think I can get good results if I work hard.

- ①Never ②rarely ③not clear ④sometimes ⑤always

10. I can affirm the value of this job.

- ①Never ②rarely ③not clear ④sometimes ⑤always

11. I think it's quite a meaningful job.
①Never ②rarely ③not clear ④sometimes ⑤always
12. I can get psychological satisfaction from my work.
①Never ②rarely ③not clear ④sometimes ⑤always
13. I have my own work goals and ideals.
①Never ②rarely ③not clear ④sometimes ⑤always
14. I'm full of energy at work.
①Never ②rarely ③not clear ④sometimes ⑤always
15. I enjoy learning new things about my job.
①Never ②rarely ③not clear ④sometimes ⑤always
16. I can deal with emotional problems calmly.
①Never ②rarely ③not clear ④sometimes ⑤always
17. After doing this job, I feel more indifferent to people.
①Never ②rarely ③not clear ④sometimes ⑤always
18. I don't care what happens to some of my colleagues.
①Never ②rarely ③not clear ④sometimes ⑤always
19. My colleagues blamed me for their problems.
①Never ②rarely ③not clear ④sometimes ⑤always
20. I'm afraid this job is wearing me out.
①Never ②rarely ③not clear ④sometimes ⑤always
21. I'm under a lot of pressure in front of people.
①Never ②rarely ③not clear ④sometimes ⑤always
22. I often look forward to having a holiday, so I don't need to go to work.
①Never ②rarely ③not clear ④sometimes ⑤always