

Association of Genetic Variants of *ELMO1* Gene With Diabetic Nephropathy in the North Indian Population

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Abstract

Diabetic nephropathy (DN) is a major cause of renal failure globally including chronic kidney disease and end-stage renal disease (ESRD). Using comprehensive linkage disequilibrium mapping, we genotyped five polymorphisms from engulfment and cell motility 1 (*ELMO1*) gene (rs741301, rs7799004, rs1882080, rs11769038 and rs1345365) to evaluate its association with DN. BMI was observed to be low in DN cases as compared to the control groups, which is the result of haemodialysis and high doses of medication. Physical inactivity, lipid profile, urea and creatinine were observed to be the confounding factors correlated with DN. This study comprehensively evaluated *ELMO1* in DN patients, T2D without Nephropathy and healthy controls from North Indian population and revealed significant association with DN. Haplotypes G-G-C-C and G-A-T-T provided ~2-fold risk towards DN development. In conclusion, the present study suggests the significant role of *ELMO1* gene polymorphisms in the pathophysiology of DN in North-Indian population.

Introduction

Diabetic nephropathy (DN) is a multifactorial renal disorder triggered by hyperglycaemia-induced damage to kidney in genetically predisposed individuals. It is the major microvascular complication of type 2 diabetes (T2D) leading to end stage renal failure (ESRD) ¹. Furthermore, IDF also reported the 10-fold increased risk of ESRD development in T2D patients, suggesting chronic hyperglycaemia as a leading aetiological factor in DN development ². DN is characterized with persistent albuminuria and a progressive decline in the glomerular filtration rate, hence, renal function, reducing the overall quality of life ³. The increase in risk is linked with hypertension, duration of diabetes and the degree of glycemic control. Environmental and genetic factors must, therefore, play entwined roles in the pathogenesis of DN ⁴.

Increased prevalence of DN among T2D individuals from South Asian populations like India has been reported ⁵ with the higher incidence of micro- and macro-albuminuria among urban T2D individuals ⁶. This can be attributed to rapid urbanization, demographic evolution, rural-to-urban migration, high fat nutrition and sedentary lifestyle along with genetic predisposition ⁷. High body fat percentage is correlated with increased inflammation, insulin resistance and higher risk of diabetes, predisposing Indian population to metabolic derangements ⁸. Hence, it has become evident that inflammatory mechanisms contribute significantly to the development and progression of DN. These include the lymphocyte and macrophage infiltration of renal compartments with cytokines/chemokines production in the kidney ^{9,10}. Genetic variants involved in inflammatory pathway have demonstrated strong positive association with the pathogenesis of T2D and DN ^{11–13}.

Genome-wide SNP genotyping analysis on a large cohort of Japanese patients with T2D identified engulfment and cell motility 1 gene (*ELMO1*) as a candidate gene conferring susceptibility to DN ¹⁴. The *ELMO1* gene locus 7p14, is a mammalian homologue of the *C. elegans* gene, *ced-12*, vital for cell

migration and engulfment of apoptotic cells ¹⁵. *ELMO1* has also been reported to promote phagocytosis and changes in cell morphology. Additional studies on mouse model of chronic glomerulonephritis demonstrated the increased expression of *ELMO1*, emphasizing its plausible role in the development of glomerular disorders, including DN ¹⁶. Studies on different ethnic groups like African Americans ¹⁷, American Indians ¹⁸, South Indians ¹⁹, European Americans ^{20,21} and Chinese ²² have positively replicated *ELMO1* association with DN ².while others failed to report the same for DN and T2D in Indian as well as other ethnicities ²³⁻²⁵.

The ethnicity specific distribution of the single nucleotide polymorphism (SNPs) can influence the disease susceptibility ⁵. Due to ethnic disparity in genetic studies, the present case-control association study is the first study to elucidate the role of selected five SNPs (rs741301, rs7799004, rs1882080, rs11769038 and rs1345365) of *ELMO1* gene in DN pathogenesis among DN cases and controls from North Indian population. In the present study, these five polymorphisms from *ELMO1* gene were selected after reviewing the literature and the information available in public databases such as dbSNP ²⁶ and Haploreg ²⁷. Furthermore, these variants were reported in the aetiology of T2D, its secondary complications like DN and other metabolic disorders as shown in Fig. 1. Thus, were included in this study to investigate their role in the development of DN in presently studied North Indian population.

Results

Demographic and clinical parameters

A total of 1584 samples were included in this study, comprising of 344 DN cases, 1240 non-diabetic nephropathic controls (NDN) [970 healthy controls which are non-nephropathic and non-T2D (NDNT) and 270 were T2D without Nephropathy disease controls]. Baseline characteristics of the DN cases and control groups are shown in Table 1. It was observed that males were more affected with DN as compared to females. The family history of T2D was observed to be the highest among the T2D without Nephropathy controls. Alcohol consumption and smoking were observed to be highest in T2D without Nephropathy (Data not shown) controls while, BMI was observed to be highest in T2D without Nephropathy controls and lowest in DN cases.

The clinical parameters- BMI, SBP and RBS showed significant difference in all the three comparisons except DBP which showed the significant difference only in DN cases vs. T2D without Nephropathy controls. In case of biochemical parameters- CHO, LDL, urea and creatinine showed significant difference in all three comparisons, whereas, TriG and VLDL showed non-significant difference when DN cases were compared with NDNT controls. In univariate analysis for continuous parameters, it was observed that except for age, DBP and HDL, all other parameters (BMI, SBP, CHO, TriG, VLDL, LDL, serum urea, serum creatinine and RBS) were significantly associated with DN. However, when multivariate analysis was performed on the significantly associated parameters, only TriG, LDL and serum creatinine showed significant association with DN. The significance level was retained even after Bonferroni correction

(corrected p -value = 0.0055, Supplementary Table S1). Univariate analysis and multivariate regression of binary parameters revealed that alcohol, physical inactivity, diet and gender retained their significant association with the disease after Bonferroni correction, (corrected p -value = 0.01, Supplementary Table S2).

Principal Component Analysis (pca)

Demographic, anthropometric and biochemical parameters constitute a major component responsible for the development of the disease. Thus, principal component analysis (PCA) was performed to highlight the role of demographic (age, gender, alcohol, smoking and dietary patterns), anthropometric (BMI) and biochemical (CHO, TriG, HDL, VLDL, LDL, urea, creatinine, RBS) factors in the development and progression of DN (Supplementary Table S3). The contribution of each factor in the development of the disease is shown in Supplementary Table S4. PCA revealed five factors i.e. Factor 1 (triglyceride and VLDL); Factor 2 (CHO and LDL); Factor 3 (SBP and DBP), Factor 4 (Serum Urea and Creatinine) and Factor 5 (BMI), contribute (~ 70%) to the DN development (Supplementary Table S3).

Genotype and allele distribution of *ELMO1* SNPs

The allele and genotype frequencies of five SNPs in *ELMO1* gene and their association with DN are shown in the Table 2.

rs741301 (T > C). The comparison of DN cases vs. NDN controls revealed that rs741301 (T > C) was significantly associated (p -value = 1.27×10^{-5}) with DN. A significant association [p -value = 1.92×10^{-6} , OR = 1.52 (1.28–1.81)] was observed for C-allele distribution, which conferred 1.52 fold risk towards DN. rs741301 showed significant association (p -value = 1.49×10^{-6}) with DN, when DN cases were compared with NDNT controls. The allelic distribution also showed significant association with DN [p -value = 1.74×10^{-7} , OR = 1.61 (1.35–1.93)] and conferred 1.61 fold risk towards DN. Further, the comparison in DN cases with T2D without Nephropathy rs741301 did not show any significant association with DN. The SNP rs741301 followed the recessive model and C-allele was observed to be significantly associated with DN when compared with NDN and NDNT control groups in the studied population, respectively. It revealed that recessive model genotype, CC conferred 1.83 fold risk [p -value = 7.03×10^{-5} , OR = 1.83 (1.35–2.47)] and 1.97 fold risk [p -value = 2.01×10^{-5} , OR = 1.97 (1.44–2.71)] towards DN when compared DN vs. NDN controls and NDNT controls respectively. However, no significant association of the SNP with DN was observed when the DN cases were compared with T2D without Nephropathy (Table 2).

rs7799004 (T > C). On comparing DN cases vs. NDN controls, rs7799004 was observed to be significantly associated (p -value = 7.06×10^{-12}) with DN. The distribution of C-allele frequency also showed significant association and conferred 1.55-fold risk [p -value = 1.33×10^{-6} , OR = 1.55 (1.30–1.85)] towards DN development. The comparison of DN cases with NDNT controls revealed that rs7799004 was significantly associated (p -value = 1.50×10^{-13}) with DN. The allele frequency distribution also showed

significant association with DN [p -value = 8.51×10^{-8} , OR = 1.65(1.37–1.98)] and C-allele was observed to confer 1.65-fold risk towards DN. The comparison of genotypes in DN cases and T2D without Nephropathy controls revealed that rs7799004 was significantly associated (p -value = 0.0071) with DN. Model analyses revealed that, CC genotype showed 3.13 fold risk [p -value = 9.37×10^{-13} , OR = 3.13(2.26–4.34)], 3.76 fold risk [p -value = 1.39×10^{-14} , OR = 3.76(2.64–5.36)] and 1.92 fold risk [p -value = 0.0033, OR = 1.92(1.24–2.97)] towards DN development respectively.

rs1882080 (G > A). On comparing DN cases with NDN controls a significant association was observed (p -value = 6.79×10^{-6}) with DN. The A-allele distribution also observed to be significantly associated with DN [p -value = 0.001, OR = 1.34(1.13–1.58)] and provided 1.34-fold risk towards DN. On comparing DN cases with NDNT controls it was observed that rs1882080 was significantly associated (p -value = 1.72×10^{-5}), with DN. The allele frequency distribution also reflected a significant risk associated [(p -value = 0.0007, OR = 1.35(1.14–1.62))] with DN. On comparing genotypes of DN cases and T2D without Nephropathy controls it was observed that rs1882080 was significantly associated with DN (p -value = 4.35×10^{-7}). The model analyses showed that genotype AA showed approximately 2 folds risk in all the three comparisons viz. [p -value = 1.33×10^{-6} , OR = 2.01(1.51–2.68)], [p -value = 3.13×10^{-6} , OR = 2.01(1.49–2.72)] and [p -value = 5.08×10^{-5} , OR = 2.0(1.43–2.81)] respectively.

rs11769038 (G > T). The comparison of DN cases vs. NDN controls revealed that rs11769038 was significantly associated (p -value = 0.0006) with DN. The G-allele frequency distribution also showed significant association [p -value = 0.022, OR = 1.27(1.03–1.56)] and provided 1.27-fold risk towards DN. The comparison of DN cases vs. NDNT controls revealed that rs11769038 was significantly associated (p -value = 1.19×10^{-5}) with DN. The allele frequency distribution showed significant association with DN [p -value = 1.12×10^{-5} , OR = 1.59(1.29–1.95)] and G-allele provided 1.59-fold risk towards DN. The genotypic comparison of DN cases vs. T2D without Nephropathy controls revealed that rs11769038 was significantly associated with DN (p -value = 5.92×10^{-11}). The distribution of allele showed significant association [p -value = 1.22×10^{-7} , OR = 2.48(1.76–3.51)] and T-allele was observed to confer 2.48-fold risk towards DN development. The model analyses revealed that genotype GG conferred 1.40-fold risk [p -value = 0.0028, OR = 1.40(1.14–1.92)] towards DN development only when compared DN cases vs. NDNT controls.

rs1345365 (G > A). The evaluation of DN cases with NDN controls revealed that rs1345365 showed significant association (p -value = 1.31×10^{-9}) with DN development. Allele frequency was also observed to be associated with DN [p -value = 7.45×10^{-13} , OR = 2.02(1.66–2.46)] and G-allele provided 2.02-fold risk towards DN. The comparison of DN cases vs. NDNT controls revealed that rs1345365 showed significant association (p -value = 5.61×10^{-20}) with DN development. The allele frequency distribution showed significant association [p -value = 3.84×10^{-24} , OR = 2.73(2.24–3.33)] and A-allele provided an increased risk of 2.73-fold towards DN. The comparison of genotypes in DN cases and T2D without Nephropathy controls revealed significant association (p -value = 7.29×10^{-4}) with DN development.

Allelic association revealed significant association [p -value = 2.38×10^{-15} , OR = 5.02(3.27–7.71)] with DN and A-allele conferred 5.02-fold risk towards the development of DN. Under model analyses recessive model genotype GG conferred 2.02 fold risk [p -value = 5.82×10^{-6} , OR = 2.02(1.56–2.61)], [p -value = 1.28×10^{-18} , OR = 3.24(2.48–4.24)] conferred 3.24 fold risk and 3.83 fold increased risk [p -value = 0.0015, OR = 3.83(1.58–9.30)] towards DN development respectively towards the development of DN. In this group *ELMO1* polymorphisms significantly associated with DN and retained the level of significance even after Bonferroni correction (p -value = 0.0033), while rs7799004, lost its significance after correction.

Haplotype Analyses

ELMO1 gene haplotype frequencies (rs11769038, rs1882080, rs741301, rs7799004, and rs1345365) for all the compared groups are given in the Table 3. The sequence of haplotypes is in the direction of rs11769038, rs1882080, rs741301, and rs7799004. The polymorphism rs1345365 was not in LD with any of the other polymorphism thus was omitted from the haplotype analysis. The haplotypes G-G-C-C and G-A-T-T provided 2.40 fold [OR = 2.40(2.0–2.87)] and 2.17 fold [OR = 2.17(1.76–2.68)] risk with p -value of 1.09×10^{-22} and 1.21×10^{-13} for DN, respectively. In the comparison of DN cases vs. NDNT controls the haplotype G-G-T-T [p -value = 5.31×10^{-26} , OR = 0.089(0.05–0.15)] attributed protection towards DN whereas, haplotype T-A-T-T (p -value = 0.21) did not show any association with DN. It was observed that haplotypes G-G-C-C and G-A-T-T were significantly associated with high risk for DN with odds ratio of 2.54 95%CI = 2.11–3.06) and 3.38 (95%CI = 2.67–4.27) with p -value of 1.49×10^{-23} and 2.48×10^{-26} respectively when compared with NDNT control group. However, the haplotypes T-A-T-T [p -value = 6×10^{-4} , OR = 0.70(0.57–0.86)] and G-G-T-T [p -value = 3.59×10^{-27} , OR = 0.08 (0.05–0.15)] attributed protection towards DN (DN vs. NDNT). While comparing DN cases with T2D without Nephropathy controls, haplotypes G-G-C-C [p -value = 1.8×10^{-8} , OR = 2.05(1.59–2.64)] and T-A-T-T [p -value = 8.3×10^{-9} , OR = 3.27(2.15–4.98)] presented a 2.05 fold and 3.27 fold increased risk towards the development of DN, respectively. The haplotype G-A-T-T [p -value = 6×10^{-4} , OR = 0.70(0.57–0.86)] was attributing protection against DN. Haplotype G-G-T-T did not show significant association [p -value = 0.31, OR = 0.87(0.68–1.13)] with DN (Fig. 2).

Rna Secondary Structure Prediction

Elucidation of RNA structure and the access to correctly annotated RNA structure is of great importance, especially in the predictions of its secondary and 3D structures²⁸. Protein secondary structure and initiation codon in the mRNA are known to influence the translation efficiency²⁹. Therefore, in the present study, the RNA secondary structure of the wild allele and mutant allele of the *ELMO1* gene polymorphisms with reference allele were analysed. There was a slight reduction in the energy of the wild type allele as compared to the variant type allele as shown in the Fig. 3. The changes in their structure of

wild type and mutant are shown in the enclosed circle. There is a slight decrease in the free energy for each polymorphism, thus causing the change in the secondary structure of RNA after folding.

Discussion

DN is characterized by morphological and ultra-structural changes in the kidney including expansion of the molecular matrix and loss of the charge barrier on the glomerular basement membrane^{30,31}. It accounts for the 40–50% patients with ESRD and approximately 20% of diabetic ESRD patients subsequently undergo renal transplant³². T2D is one of the leading causes of kidney failure. Hyperglycemia induces hyperfiltration, a predictor of progressive kidney disease and morphologic changes in the kidneys that ultimately lead to podocyte damage and loss of filtration surface². The results are further linked with increase in observed disease-associated risk factors like RBS, BMI, urea, creatinine and lipid parameters, thereby suggesting their crucial role in DN susceptibility. Higher percentage of males affected with DN pinpoints the sexual dimorphism in DN progression accredited to the role of sex hormones where androgen is thought to elevate the intra-glomerular pressure and proximal sodium reabsorption while oestrogen provides protection³³. The impact of renal disease on public health is accelerating, and early education, detection, intervention, and risk-factor control are needed to address the burden of DN and its adverse measures in the vulnerable populations³⁴.

This is the first study that strongly suggests the association of five polymorphisms of *ELMO1* with DN in the North Indian population (Fig. 3). Novelty of this study also lies in the categorization of controls into three groups (NDN, NDNT and T2D without Nephropathy disease controls), which generate better association of confounding factors and genotypes/alleles with DN. *ELMO1* is a proinflammatory gene that has been identified as a putative candidate for DN pathophysiology in a Genome-wide SNP genotyping study on a Japanese cohort¹⁴. In the present study, we found significant association of rs741301 (T > C) polymorphism with DN in comparison with NDN controls and NDNT controls; and C-allele provided 1.5 and 1.6-fold increased risk towards DN, respectively. These results are in concordance with a previous study from North India that has also reported a significant association of rs741301 between DN cases and T2D without Nephropathy controls²³. Other studies have also observed significant association for rs741301 polymorphism in South Indian³⁵, Chinese²², Japanese¹⁴ and Iranian population³⁶ between DN cases and T2D without Nephropathy controls. On contrary, T allele emerged as casual variant in the Chinese population suggesting allelic heterogeneity²². However, other studies did not replicate the association of rs741301 polymorphism in American Indians, Malaysian, Chinese and Indian subgroups of diabetic nephropathy in a comparison of DN cases and T2D without Nephropathy controls^{18,37,38}.

The polymorphism rs7799004 showed significant association with DN which are in accordance to Pezzolesi *et al.* (2009) from European population in T1D patients, reporting a significant association [p -value = 0.02, OR = 1.26(1.03–1.53)] of rs7799004 with ESRD in T2D patients, but are contrasting to that of Hanson *et al.* (2010) who have found no association of DN with rs7799004 in American Indian

population. This is the first study to report the association of rs7799004 (T > C) polymorphism in Indian population and can be considered as first baseline data for future studies in different ethnicities of India. Another SNP rs1882080 (G > A) reflected a significant association with DN; genotype AA conferred 2.01-fold risk towards DN. The results of present study are similar to a previous study in European population which has also observed a significant risk associated with rs1882080 (G > A) polymorphism in diabetic nephropathy ²¹. They have also demonstrated that rs1882080 in combination with polymorphism rs11769038 showed a strong risk towards development of DN. In accordance to the previous study, we also observed increased risk provided by AA genotype of rs1882080 towards development of DN.

The current study demonstrated a significant association of rs11769038 with DN in all three comparisons and G-allele distribution showed significant risk towards DN. The results of present study are in accordance with a previous study on European (Caucasian) T1D subjects in which a strong association of rs11769038(G > T) polymorphism of *ELMO1* gene with DN was observed ²¹, while it is contradictory to another study which has demonstrated non-significant association of rs11769038 polymorphism with DN in Chinese population ²². The differences with Chinese population can be due to the wide range of difference in ethnic and cultural backgrounds of two populations with the addition of the role of environment in it. In our study, the G-allele of rs1345365 (G > A) variant provided 2 fold risk towards DN aetiology consistent with another study, which has also shown significant association for DN under dominant genetic model in African-American population ¹⁷. Intriguingly, a study on Mexicans have reported protective role of this polymorphism emphasizing the notion of allelic heterogeneity ³⁹. However, other studies on American Indians and Chinese population did not report any association with rs1345365 (G > A) polymorphism of *ELMO1* gene ^{18,22}.

The conflict in results of various studies can be attributed to unknown aetiology of DN, multiple genetic factors, environmental factors, ethnicity differences, sample size variation and selection of control groups. T2D represents an intermediate disease stage between healthy controls and overt DN cases. The present association suggest the role of prolonged hyperglycaemia in causation of nephropathy and highlights the importance of considering T2D cases as internal controls in assessment of genetic architecture of DN.

Previously, there were fewer studies available on the role of *ELMO1* gene polymorphisms in T2D but the DN data suggested that *ELMO1* may have an imperative role in the development of nephropathy in T2D patients, which might be contributing to renal function decline ²¹. Later, different studies from different populations confirmed that *ELMO1* variants are primarily associated with the risk of proteinuria. Several functional studies have even demonstrated that *ELMO1* contributes to the progression of chronic glomerular injury through its dysregulation of extracellular matrix (ECM) metabolism, resulting in renal ECM accumulation ¹⁶. This accumulation contributes to both glomerular and tubular basement membrane thickening, which are the main hallmarks of advanced DN ⁴⁰. Other studies have also reported the association of intronic variants in *ELMO1* gene but the variants in their study are different from those reported in the present study except for one polymorphism (rs1345365) ^{14,17}. These associations at

ELMO1 across each study represent allelic heterogeneity contributed by diverse ancestral genetic backgrounds of the different ethnic groups²¹. The findings of the present study suggest that role of *ELMO1* gene may be implicated in the development of DN.

In imputation of SNPs first studied polymorphisms and then NCBI_GIH genotypes were phased independently and then the two types of datasets were merged and were phased again. This phased data was used as the reference for the imputations. Concordance rate for each SNP was measured to check the accuracy of imputation. Numbers of SNPs involved in imputation ranged from 1–3 for five SNPs. Imputation has revealed that the highest concordance rates were observed for rs741301 (89.6%) and rs7799004 (86.1%), while rest were observed to be below 70%, whereas did not show any results for rs1345365. The average concordance rate of the SNPs was observed to be 76.4% (Supplementary Table S5). Accuracy of imputation is known to increase with the increase in reference population size and also by including the familial genotype data in the reference population⁴¹. The sample size of the reference population is not large, but the numbers of SNPs were good enough to make a conclusion that the accuracy of the present data is of good quality.

ELMO1, haplotypes G-G-C-C and G-A-T-T conferred risk towards the development of DN, in DN vs. NDN controls, while the haplotype T-A-T-T and G-G-T-T conferred risk in DN cases vs. T2D without Nephropathy controls, but provided protection in DN cases vs. NDNT controls. The variants rs741301 and rs7799004 ($D'=0.99$, $r^2 = 0.97$), rs741301 and rs1882080 ($D'=0.97$, $r^2 = 0.92$), and rs7799004 and rs1882080 ($D'=0.97$, $r^2 = 0.92$) were observed to be in strong LD in DN cases. A study in African-American population has also observed that rs741301 and rs7799004 were in strong LD ($D'=1.0$) in their population¹⁸. In another study, rs1345365 was observed to be in LD with other two SNPs- rs1981740 and rs10951509, not included in this study. A study in Chinese population and Iranian population, found that polymorphisms- rs741301 and rs1345365 were in weak LD ($D'=0.01$ and $D'=0.11$, respectively) with each other^{22,36}. But, rs1345365 was observed in strong LD with rs11769038 ($D'=0.91$) in Chinese population²². The polymorphism rs1345365 was not observed to be in LD with any of the studied polymorphisms in the present study. The major problem in comparison with other studies is that the markers selected for analysis are not same among all the previously studied populations which lead to the divergence of the results in different studies. The conflict in results in various studies reflect that association of different haplotype blocks and LD patterns with the disease risk may vary among populations due to diverse genetic backgrounds, complex aetiology of the disease, variation in sample sizes and heterogeneity in samples; and selection of different polymorphisms/markers. Also LD is the non-random distribution of alleles in the general population, which may be the cause that rs7799004 and rs11769038 were not in LD in case of NDNT (healthy) controls while showing mild LD in DN cases and T2D without nephropathy controls. Thus, indicating that rs7799004 and rs11769038 are following normal distribution in healthy individuals and were showing mild LD in DN cases as well as T2D without nephropathy controls.

The limitation of the present study is the functional relevance of *ELMO1*. To overcome this limitation, prediction of the secondary RNA structures of studied polymorphisms using bioinformatics approach,

supported the risk causal role of *ELMO1* in DN pathophysiology.

Conclusion

ELMO1 gene polymorphisms are significantly associated with DN thus intimating its pivotal role in DN pathogenesis in North Indian population along with the elevated diabetogenic risk factors and kidney function markers-urea and creatinine. Gender based differences were reported, predisposing males towards the susceptibility of DN. The haplotypes G-G-C-C and G-A-T-T are strongly associated with DN development. The study also highlights the importance of ethnicity and recruitment of appropriate control groups in genetic association studies. However, further studies are warranted to validate the functional aspect of this gene and its comprehensive mechanism in the aetiology of DN.

Research Design And Methods

Study Participants. The present study included total of 1584 subjects from North India, comprising of age-matched 344 DN cases, 1240 non-diabetic nephropathic controls (NDN) [970 healthy controls which are non-nephropathic and non-T2D (NDNT) and 270 were T2D without Nephropathy disease controls]. This study was approved by the Ethics Committee of Guru Nanak Dev University, Amritsar (Letter No.-229/HG). Informed consent was obtained from all participants and/or their legal guardians and study has been carried out in accordance with the Declaration of Helsinki.

T2D was defined by the criteria of the American Diabetes Association-2014. Most of DN patients at the time of enrolment were under the treatment of dialysis whereas T2D without Nephropathy were prescribed with oral hypoglycaemic agents, or insulin, or both. Blood pressure was measured after 20 minutes of rest Omron (HEM-711 model) digital machine. Various demographic and anthropometric parameters like age, gender, family history of T2D & DN, alcohol consumption, smoking and BMI were noted for DN cases and three control groups. BMI classification was made according to cut off values for Asian Indian adults (23 kg/m^2) given by Snehalatha *et al*, (2003) ⁴². Written informed consent was taken from all individuals before participation in the study.

DNA extraction and Clinical parameters. The genomic DNA was extracted from the blood samples using inorganic extraction ⁴³. Quantification and quality estimation of genomic DNA was done by UV spectrophotometer (Eppendorf Biospectrometer- Basic) and agarose gel electrophoresis. Blood samples were analysed for random blood sugar using glucometer (Accu-Check Active). Levels of urea, creatinine, total cholesterol (TC), triglycerides (TG), and high-density lipoprotein cholesterol (HDL-C) were measured from plasma by using commercial kits (Erba Chem 7 analyzer). Very low density lipoprotein (VLDL) and low density lipoprotein (LDL) were calculated by using the formulae given by Friedewald *et al*. in 1972 ⁴⁴.

SNP selection and Genotyping. Genotyping was performed using high throughput Sequenom iPLEX Gold for Sequenom MassARRAY platform.

Statistical analyses. Baseline parameters were compared using unpaired student's *t*-test. Hardy Weinberg equilibrium was checked for all the SNPs, at first six polymorphisms were included in the study but of the six polymorphisms, one (rs7785934) was not following HWE thus was excluded from further analyses. Chi-square test was performed to compare the distribution of genotype/allele and genotype models of *ELMO1* SNPs between DN cases and controls (IBM SPSS Inc., version 20.0; Chicago, IL, USA). The extent of association between *ELMO1* SNPs was determined using Odds ratio (OR) at 95% confidence interval (CI) with p-value < 0.05. Haplotype and Linkage disequilibrium (LD) analysis was performed using Haploview (version 4.2) ⁴⁵. One of the polymorphism (rs1345365) was not in LD and thus was excluded from the analyses. Power of the present study was > 80% calculated using PS software (version 3.0) ⁴⁶. The imputation of the selected markers was performed using Plink v1.07 ⁴⁷, with the reference data downloaded from NCBI as NCBI_GIH with 2737 genetic markers of *ELMO1* gene in 103 individuals. Locations of five single nucleotide polymorphisms were identified from dbSNP browser and then the SNP data was merged with GIH data obtained from NCBI. RNA structures and their free energies were obtained using RNA fold software available online (<http://rna.tbi.univie.ac.at/cgi-bin/RNAWebSuite/RNAfold.cgi>).

Table 1

Comparison of Demographic, Biochemical, Anthropometric parameters in DN cases (n = 344), NDN controls (n = 1240), NDNT controls (n = 970) and T2D without Nephropathy controls (n = 270), DN–Diabetic Nephropathy, T2D–Type 2 Diabetes, BMI–Body Mass Index, SBP–Systolic Blood Pressure, DBP–Diastolic Blood Pressure, CHO–Cholesterol, TriG.–Triglyceride, HDL–High Density Lipoproteins, LDL–Low Density Lipoproteins, VLDL–Very Low Density Lipoproteins, RBS–Random Blood Sugar, SD–Standard Deviation, T2D w/o N – T2D without Nephropathy, *p*-value < 0.05 is considered significant

Parameters	Mean ± SD				DN Cases vs. NDN Controls	DN Cases vs. NDNT Controls (Healthy controls)	DN Cases vs. T2D w/o N Controls (Disease Control)
	DN Cases	NDN Controls	NDNT Controls	T2D w/o N Controls	<i>p</i> -value	<i>p</i> -value	<i>p</i> -value
Age (yrs)	57.97 ± 6.62	57.21 ± 10.44	57.07 ± 10.68	57.96 ± 9.47	0.215	0.124	0.980
BMI (kg/m ²)	23.26 ± 3.98	25.29 ± 4.36	24.97 ± 4.30	26.40 ± 4.39	2.06 × 10⁻⁴	2.32 × 10⁻¹¹	4.17 × 10⁻²¹
SBP (mmHg)	138.12 ± 18.02	130.41 ± 15.77	127.88 ± 14.34	135.07 ± 17.18	3.17 × 10⁻⁸	3.46 × 10⁻¹⁹	0.025
DBP (mmHg)	83.73 ± 10.86	84.07 ± 8.87	82.68 ± 7.53	86.64 ± 10.47	0.590	0.103	4.25 × 10⁻⁴
CHO (mg/dl)	143.24 ± 44.81	166.32 ± 49.01	163.68 ± 47.97	170.90 ± 50.53	1.69 × 10⁻¹⁴	1.48 × 10⁻¹⁰	1.33 × 10⁻¹³
TriG. (mg/dl)	180.07 ± 116.4	207.4 ± 141.76	178.72 ± 109.32	256.98 ± 174.3	4.6 × 10⁻⁴	0.860	9.96 × 10⁻¹¹
HDL (mg/dl)	47.25 ± 25.81	48.78 ± 24.36	48.12 ± 21.92	49.92 ± 28.09	0.322	0.585	0.197
VLDL (mg/dl)	36.01 ± 23.29	41.63 ± 28.49	35.98 ± 22.2	51.40 ± 34.86	3.40 × 10⁻⁴	0.984	9.96 × 10⁻¹¹
LDL (mg/dl)	68.15 ± 39.19	82.13 ± 42.57	83.78 ± 43.09	79.12 ± 41.49	1.07 × 10⁻⁷	5.62 × 10⁻⁸	0.001
Urea (mg/dl)	127.28 ± 45.13	36.03 ± 20.55	34.09 ± 21.34	38.53 ± 19.23	4.05 × 10⁻³⁰	1.29 × 10⁻³⁰	2.17 × 10⁻²⁹
Creatinine (mg/dl)	7.71 ± 2.21	1.00 ± 0.76	0.92 ± 0.81	1.09 ± 0.67	7.9 × 10⁻¹⁴⁰	9.6 × 10⁻¹⁴⁵	4.61 × 10⁻¹³⁶
RBS (mg/dl)	189.79 ± 67.62	154.25 ± 37.81	119.0 ± 20.86	216.56 ± 68.8	0.027	1.25 × 10⁻⁵²	3.98 × 10⁻⁶

Parameters	Mean ± SD			DN Cases vs. NDN Controls	DN Cases vs. NDNT Controls (Healthy controls)	DN Cases vs. T2D w/o N Controls (Disease Control)
Duration of Diabetes (yrs)	13.49 ± 7.57	-	-	9.21 ± 7.47	-	-
						2.29×10^{-27}

Table 2

Distribution of genotype, allele frequencies and model analysis of *ELMO1* SNPs in DN cases vs. NDN controls, ¹DN vs. NDN, ²DN vs. NDNT and ³DN vs. T2D without Nephropathy, OR – Odds Ratio, CI – Confidence Interval, ^a*p* = genotypic *p*-value, ^b*p* = allelic *p*-value, *p*-value < 0.05 is considered significant

Polymorphisms	rs741301 (T > C)		rs7799004 (T > C)		rs1882080 (G > A)		rs11769038 (G > T)		rs1345365 (G > A)	
Allele Distribution	T	C	T	C	G	A	G	T	G	A
DN Cases (n = 344)	0.52	0.48	0.59	0.41	0.52	0.48	0.76	0.24	0.72	0.28
NDN Controls (n = 1240)	0.62	0.38	0.69	0.31	0.59	0.41	0.71	0.29	0.55	0.45
NDNT Controls (n = 970)	0.64	0.36	0.70	0.30	0.60	0.40	0.66	0.34	0.48	0.52
T2D without Nephropathy (n = 270)	0.58	0.42	0.64	0.36	0.58	0.42	0.89	0.11	0.93	0.07
DN cases vs. NDN Controls	^a <i>p</i> = 1.27×10^{-5}		^a <i>p</i> = 7.06×10^{-12}		^a <i>p</i> = 6.79×10^{-6}		^a <i>p</i> = 0.0006		^a <i>p</i> = 1.31×10^{-9}	
	^b <i>p</i> = 1.92×10^{-6} , OR = 1.52(1.28–1.81)		^b <i>p</i> = 1.33×10^{-6} , OR = 1.55(1.20–1.85)		^b <i>p</i> = 0.001, OR = 1.34(1.13–1.58)		^b <i>p</i> = 0.022, OR = 1.27(1.03–1.56)		^b <i>p</i> = 7.45×10^{-13} , OR = 2.02(1.66–2.46)	
DN cases vs. NDNT Controls	^a <i>p</i> = 1.49×10^{-6}		^a <i>p</i> = 150×10^{-13}		^a <i>p</i> = 1.72×10^{-5}		^a <i>p</i> = 1.19×10^{-5}		^a <i>p</i> = 5.61×10^{-20}	
	^b <i>p</i> = 1.74×10^{-7} , OR = 1.61(1.35–1.93)		^b <i>p</i> = 8.51×10^{-8} , OR = 1.65(1.37–1.98)		^b <i>p</i> = 0.0007, OR = 1.35(1.13–1.62)		^b <i>p</i> = 1.12×10^{-5} , OR = 1.59(1.29–1.95)		^b <i>p</i> = 3.84×10^{-24} , OR = 2.73(2.24–3.33)	
DN cases vs. T2D without Nephropathy	^a <i>p</i> = 0.0568		^a <i>p</i> = 0.0071		^a <i>p</i> = 4.35×10^{-7}		^a <i>p</i> = 5.92×10^{-11}		^a <i>p</i> = 7.29×10^{-4}	
	^b <i>p</i> = 0.0568, OR = 1.25(0.99–1.58)		^b <i>p</i> = 0.072, OR = 1.24(0.98–1.58)		^b <i>p</i> = 0.0512, OR = 1.26(1.0–1.60)		^b <i>p</i> = 1.22×10^{-7} , OR = 2.48(1.76–3.51)		^b <i>p</i> = 2.38×10^{-15} , OR = 5.02(3.27–7.71)	
Risk Allele	C		C		A		G		G	
Genotype Model	Recessive (CC/TT + TC)		Recessive (CC/TT + TC)		Recessive (AA/GG + GA)		Recessive (GG/TT + GT)		Recessive (GG/AA + GA)	

Polymorphisms	rs741301 (T > C)	rs7799004 (T > C)	rs1882080 (G > A)	rs11769038 (G > T)	rs1345365 (G > A)
DN cases vs. NDN Controls	$p = 7.03 \times 10^{-5}$ OR = 1.83(1.35–2.47)	$p = 9.37 \times 10^{-13}$ OR = 3.13(2.26–4.34)	$p = 1.33 \times 10^{-6}$ OR = 2.01(1.51–2.68)	$p = 0.4947$ OR = 1.09(0.85–1.40)	$p = 5.82 \times 10^{-8}$ OR = 2.02(1.56–2.61)
DN cases vs. NDNT Controls	$p = 2.01 \times 10^{-5}$ OR = 1.97(1.44–2.71)	$p = 1.66 \times 10^{-14}$ OR = 3.76(2.64–5.36)	$p = 3.13 \times 10^{-6}$ OR = 2.01(1.49–2.72)	$p = 0.0028$ OR = 1.40(1.14–1.92)	$p = 1.28 \times 10^{-18}$ OR = 3.24(2.48–4.24)
DN cases vs. T2D without Nephropathy	$p = 0.0799$ OR = 1.44(0.96–2.16)	$p = 0.0033$ OR = 1.92(1.24–2.97)	$p = 5.08 \times 10^{-5}$ OR = 2.0(1.43–2.81)	$p = 0.3439$ OR = 0.60(0.21–1.75)	$p = 0.0015$ OR = 3.83(1.58–9.30)

Table 3

Distribution of Haplotypes observed in the candidate genes in DN cases vs. NDN controls, p -value < 0.05 is considered significant

<i>ELMO1</i> haplotype rs11769038, rs1882080, rs741301, rs7799004,				
DN cases vs. NDN controls				
Haplotypes	Frequency in DN Cases	Frequency in Controls	p-value	Odds Ratio (95%, CI)
G-G-C-C	0.458	0.260	1.09×10^{-22}	2.40 (2.0-2.87)
T-A-T-T	0.220	0.244	0.21	0.87 (0.71–1.08)
G-A-T-T	0.263	0.141	1.21×10^{-13}	2.17 (1.76–2.68)
G-G-T-T	0.020	0.185	5.31×10^{-26}	0.08 (0.05–0.15)
DN cases vs. NDNT controls				
G-G-C-C	0.46	0.25	1.49×10^{-23}	2.54 (2.11–3.06)
T-A-T-T	0.23	0.30	6.0×10^{-4}	0.70 (0.57–0.86)
G-A-T-T	0.26	0.09	2.48×10^{-26}	3.38 (2.67–4.27)
G-G-T-T	0.02	0.19	3.59×10^{-27}	0.08 (0.05–0.15)
DN cases vs. T2D without Nephropathy controls				
G-G-C-C	0.440	0.278	1.80×10^{-8}	2.05 (1.59–2.64)
T-A-T-T	0.179	0.062	8.30×10^{-9}	3.27 (2.15–4.98)
G-A-T-T	0.296	0.324	3.28×10^{-14}	0.18 (0.11–0.29)
G-G-T-T	0.030	0.151	0.3079	0.87 (0.68–1.13)

Declarations

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Author Contributions

G.S., S.S.†† and A.J.S.B. designed the hypothesis. G.S., P.R., V.K., H.S.S., R.S.‡, R.S.‡‡, S.S.† and J.S. helped in sample collection. G.S., V.K., R.S.‡, I.S., K.M., S.S.†† and A.J.S.B. contributed to the manuscript writing. G.S., V.K., and V.S.# performed the experiments. G.S., K.M., S.S.†† and A.J.S.B. analysed the results. A.M., V.S.##, V.V., M.C. and R.K. helped in clinical investigation. All the authors reviewed the manuscript and approved the final version.

Declaration

The authors declare no Conflict of interests

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Figures

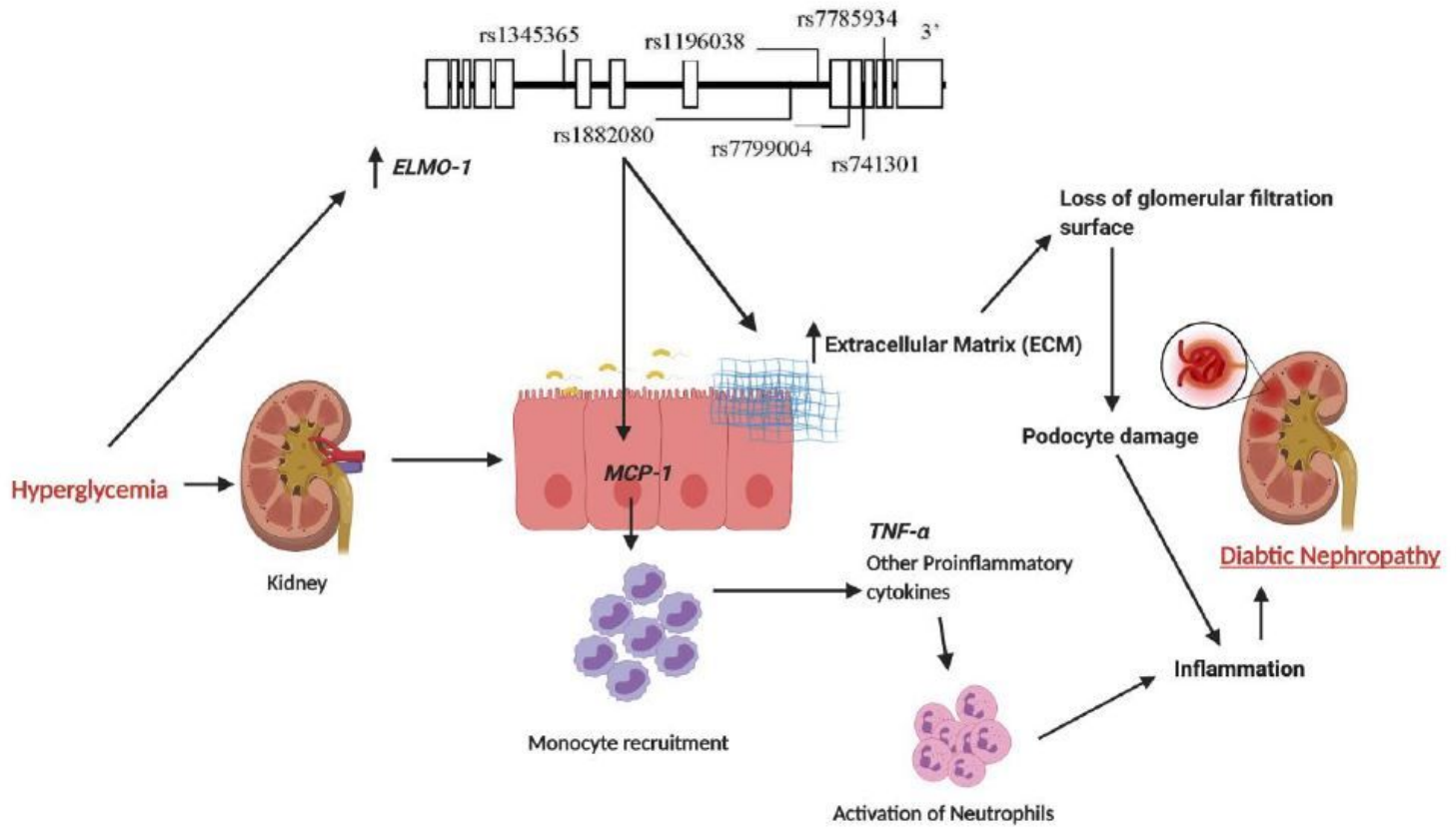


Figure 1

The overall representation of the involvement of ELMO1 gene in the development of DN

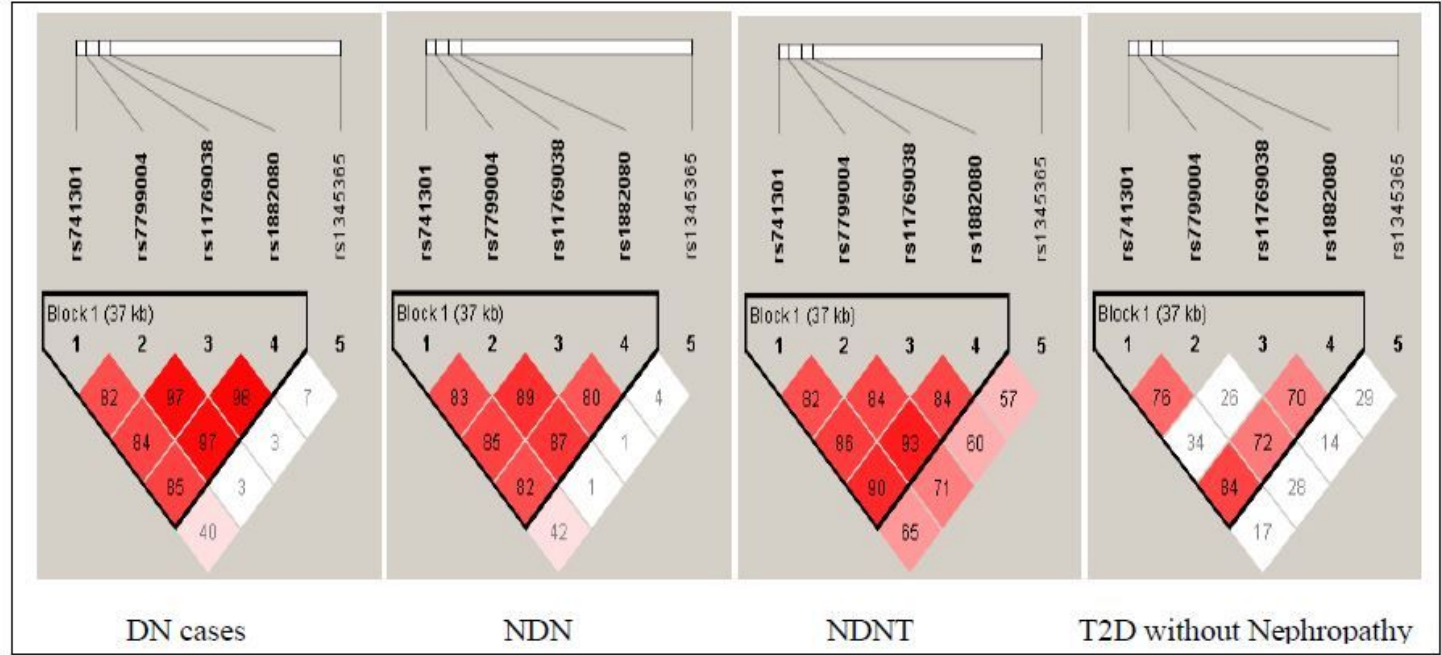


Figure 2

Linkage Disequilibrium maps of five ELM01 SNPs in DN cases, NDN controls, NDNT controls and T2D without Nephropathy controls

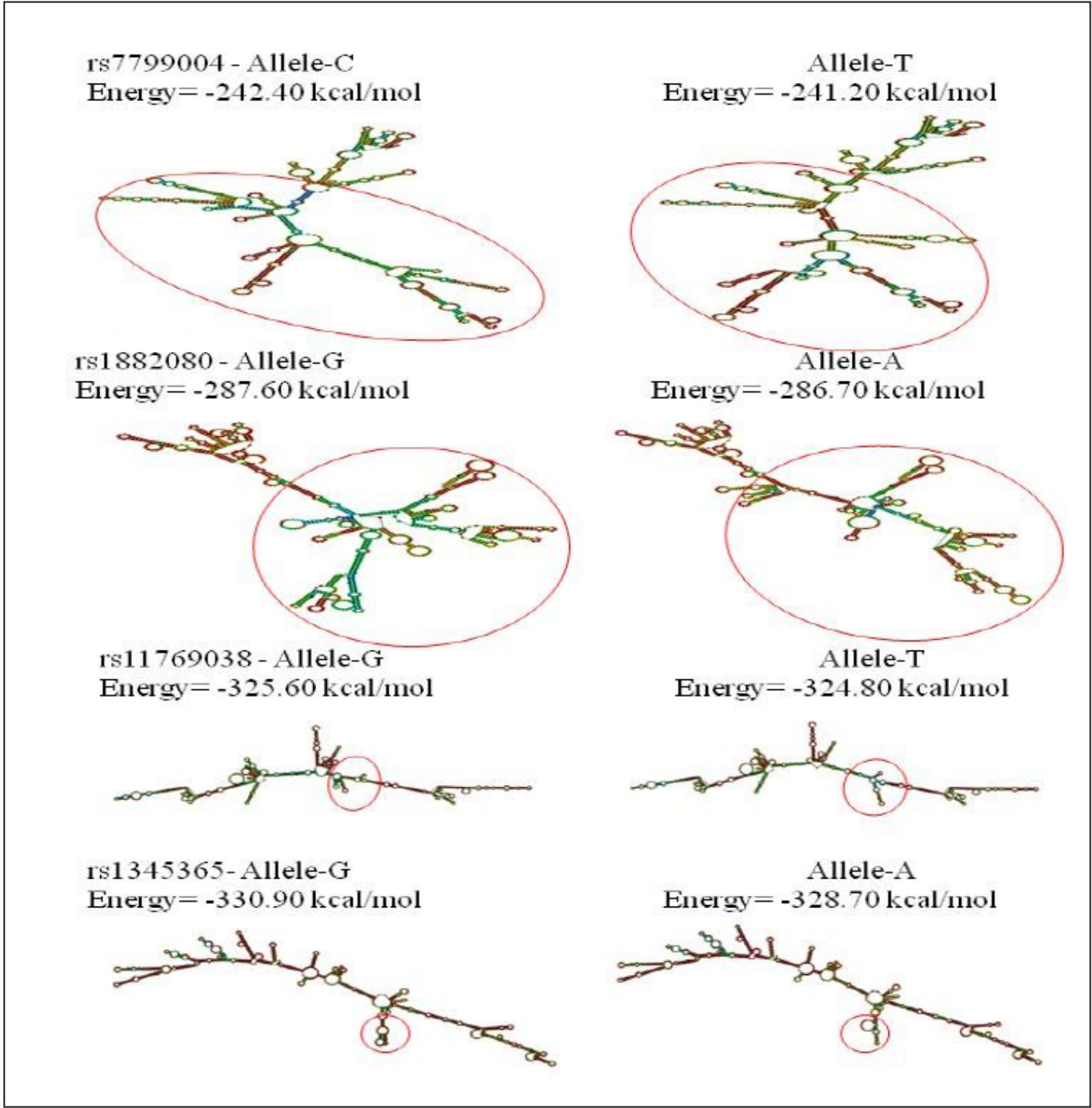


Figure 3

Predicted RNA secondary structure and energies for ELM01 calculated by using RNA fold. The polymorphic regions are shown in circle. Free energy of the structures determine the stability of RNA structure

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