Optimality principles explaining divergent responses of alpine vegetation to environmental change

Ziqi Zhu
Tsinghua University

Han Wang ( wang_han@mail.tsinghua.edu.cn )
Tsinghua University

Sandy Harrison
University of Reading  https://orcid.org/0000-0001-5687-1903

Iain Prentice
Imperial College London  https://orcid.org/0000-0002-1296-6764

Shengchao Qiao
Tsinghua University

Shen Tan
Tsinghua University

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Optimality principles explaining divergent responses of alpine vegetation to environmental change

Ziqi Zhu¹, Han Wang¹, Sandy P. Harrison¹,², I. Colin Prentice¹,³,⁴, Shengchao Qiao¹, Shen Tan¹

¹ Department of Earth System Science, Ministry of Education Key Laboratory for Earth System Modeling, Institute for Global Change Studies, Tsinghua University, Beijing 100084, China
² School of Archaeology, Geography and Environmental Sciences (SAGES), University of Reading, Reading RG6 6AH, United Kingdom
³ Department of Life Sciences, Imperial College London, Silwood Park Campus, Buckhurst Road, Ascot SL5 7PY, United Kingdom
⁴ Department of Biological Sciences, Macquarie University, North Ryde, NSW 2109, Australia

Abstract: Recent increases in vegetation cover, observed over much of the world, reflect increasing CO₂ globally and warming in cold areas. However, the strength of the response to both CO₂ and warming appears to be declining. Here we examine changes in vegetation cover on the Tibetan Plateau over the past 35 years. Although the climate trends are similar across the Plateau, drier regions have become greener by 0.31±0.14% yr⁻¹ while wetter regions have become browner by 0.12±0.08% yr⁻¹. This divergent response is predicted by a universal model of primary production accounting for optimal carbon allocation to leaves, subject to constraint by water availability. Rising CO₂ stimulates production in both greening and browning areas; increased precipitation enhances growth in dry regions, but growth is reduced in wetter regions because warming increases below-ground allocation costs. The declining sensitivity of vegetation to climate change reflects a shift from water to energy limitation.

Main text

A global increase in vegetation cover has been observed in recent decades¹-³ although this greening is not universal and some regions have experienced browning⁴,⁵. Greening has been attributed to human activities¹,²,⁶. Recent increases in atmospheric CO₂ concentration have had a positive impact on primary production and enhanced vegetation cover⁷-⁹. The impact of changes in climate has been more spatially heterogeneous²,³ but it is thought that warming explains the marked greening trend observed in high northern latitudes¹⁰-¹². There has been a 16% decline in the area of the northern extratropics where vegetation growth is limited by temperature over the past three decades, primarily at the southern margin of high-latitude ecosystems¹⁰. However, there is evidence that the thermal response of vegetation growth and carbon uptake has weakened over this period¹³,¹⁴ for reasons that...
are still unclear, imposing large uncertainties on vegetation responses to future warming and vegetation feedbacks to the carbon cycle.

Most analysis of vegetation responses to temperature has focused on the high northern latitudes\(^{11,13,14}\). The Tibetan Plateau, known as the "third pole"\(^{15}\), has experienced rapid warming\(^{16,17}\) with an increase of 0.35°C decade\(^{-1}\) since 1970\(^{18}\). The increase in temperature over the Plateau is higher than the global mean warming, and comparable to that seen in the Arctic\(^{18}\). The impact of environmental change on the vegetation of this region has not been extensively studied\(^{19,20}\), despite the fact that it provides an opportunity to examine whether the positive response of vegetation to warming in cold regions is universal.

We have used remotely sensed maximum absorbed photosynthetically active radiation (\(F_{\text{max}}\)) as a measure of changes in peak vegetation cover\(^{6,21}\) and compared these trends to changes in climate and environmental factors. We developed a parsimonious model that simulates primary production using an optimality-based approach to account for carbon allocation to leaves subject to constraint by water availability (see Methods). We used this model to quantify the individual contributions of changes in precipitation, \(\text{CO}_2\) concentration, radiation, vapour pressure deficit and temperature to the observed trends in vegetation growth across the Tibetan Plateau and to examine the cause of the observed decline in the sensitivity of vegetation growth to climate in recent decades. We show that both the observed vegetation changes on the Tibetan Plateau and the observed changes in sensitivity to climate change can be explained by this simple model that invokes limitations on vegetation growth by water or energy availability.

**Results**

The climate of the Tibetan Plateau changed significantly between 1982 and 2016. Annual total precipitation increased from 492 to 596 mm, implying an average increase of 3.1 mm yr\(^{-1}\) (Supplementary Fig. 1a). The largest increases in precipitation occurred in the driest areas. Those relatively small areas of the Plateau with high precipitation experienced a slight decrease (Supplementary Figs 2a, 3a and 4). Summer temperature, as measured by the accumulated temperature of the growing season (SWI\(_0\)), increased at a rate of 0.31 °C month yr\(^{-1}\) (Supplementary Fig. 1b). The growing season became longer by 0.43 day yr\(^{-1}\) (Supplementary Fig. 1c). As a result of the extended growing season, incident solar radiation as measured by accumulated photosynthetic photon flux density (PPFD) during the growing season increased by 20.3 mol m\(^{-2}\) yr\(^{-1}\) (Supplementary Fig. 1d). Although precipitation increased, atmospheric water demand as measured
by vapour pressure deficit (VPD) increased by 0.0018 kPa yr\(^{-1}\) (Supplementary Fig. 1e). The trends in SWI\(_0\), PPFD and VPD are not spatially uniform, but they changed in the same direction across the whole of the region (Supplementary Figs 2 and 3). Atmospheric CO\(_2\) concentration, which is the principal driver of the changes in climate but has additional effects on plant physiology and growth, increased from 341 ppm in 1982 to 404 ppm in 2016 (Supplementary Fig. 1f).

Although climate, radiation and CO\(_2\) have changed in the same direction, the change in \(F_{\text{max}}\) across the Tibetan Plateau has not been uniform (Fig. 1a). About half (53\%) of the area has experienced greening and about half (47\%) browning between 1982 and 2016. The greening trend is most pronounced in the northwest, with a significant increase over 19\% of the Plateau. Browning is more pronounced in the central and south-eastern parts of the Plateau and is significant over 15\% of the area. In the climate space defined by annual total precipitation and SWI\(_0\), we found that the rapid increase in peak vegetation occurred in areas with low annual precipitation (<500 mm) while browning occurred in areas with high precipitation (>500 mm) (Fig. 1b).

**Fig. 1** Divergent responses of alpine peak vegetation cover to environmental change. **a**, Spatial distribution of the temporal trend of GIMMS maximum fAPAR (\(F_{\text{max}}\)) over 1982–2016. **b**, Trend of GIMMS \(F_{\text{max}}\) in the climate space of summer warmth index (SWI\(_0\)) and annual total precipitation. The climate space is subdivided into different bins of equal intervals with bin widths arbitrarily set to 5 °C month for SWI\(_0\) and 50 mm for precipitation. Trends for each bin are calculated by averaging the subset of all pixels falling within that bin. Bins containing less than 5 pixels are not included. Grid cells and climate bins labelled black dots indicate that the trends are statistically significant (\(P<0.05\)).
F_max shows a strong relationship with both precipitation and temperature, with low values in drier and colder areas and high values in wetter and warmer areas. These two climate factors together explained 67% of the spatial variation in F_max (Fig. 2a). Log-sum-exp regression (see Methods) shows that F_max increased approximately linearly with precipitation and temperature when water and heat supply are insufficient (that is, in low precipitation and temperature conditions). F_max is even more closely related to precipitation and potential gross primary production (A0) as calculated by the P model (see Methods), with low F_max values in drier and low-energy supply areas and high values in wetter and high-energy supply areas (Fig. 2b). These two variables together account for around 75% of the spatial variation in F_max, reflecting the fact that potential gross primary production integrates the effects of SWI0, PPDF and VPD on vegetation growth. This empirical analysis suggests that plant growth on the Tibetan Plateau may be limited by either water availability or energy availability, where water limited areas are mainly located in the northwest of the Plateau and energy limited areas in the centre and southeast (Supplementary Fig. 6).

Fig. 2 | Relationship between peak vegetation growth and climate. a, Relationship between F_max and total precipitation and summer warmth index (SWI0) in 1982. b, Relationship between F_max and total precipitation and potential gross primary production (A0) in 1982. F_max selected in each 50 mm and 5 °C month (50 mm and 100 g C m⁻²) bin represents the maximum attainable vegetation cover for a given annual precipitation and SWI0 (A0). Climate bins containing less than 5 grid cells are not included in these plots. Coloured lines represent the fitted contour of F_max, ranging from 0 to 80% with an interval of 10%.

We developed a parsimonious model (see Methods) to investigate the observed changes of vegetation cover in space and through time (Supplementary Fig. 7). This model is based on the principle that the
carbon allocation to leaves results from the maximisation of net profit after all the costs of constructing and supporting leaves have been accounted for, subject to the constraint that water is available to allow optimal functioning of the leaves. Model predicted $F_{\text{max}}$ is consistent with satellite observations (Fig. 3), with a correlation coefficient ($r$) between predicted and observed $F_{\text{max}}$ of 0.76 and a root mean squared error (RMSE) of 0.12. The model performed slightly better when vegetation cover is higher, that is when $F_{\text{max}}$ was $> 0.5$. Correlations of the spatial patterns for individual years ranged from 0.58 to 0.82 (Supplementary Fig. 8). Comparison of predicted $F_{\text{max}}$ with field measurements of aboveground biomass from 1689 plots across the Plateau (Supplementary Fig. 9) shows the model also performs well at site level ($P < 0.001$) without any in-situ calibration. Moreover, the model correctly predicted the observed divergent trends in dry versus wet areas (Fig. 4). The model predicted an increase in $F_{\text{max}}$ of $0.32 \pm 0.19\% \text{ yr}^{-1}$ in the water limited areas, indistinguishable from the satellite-observed trend of $0.31 \pm 0.14\% \text{ yr}^{-1}$. In energy limited areas, the predicted $F_{\text{max}}$ decreased by $0.07 \pm 0.06\% \text{ yr}^{-1}$, close to (though somewhat less than) the observed decline of $0.12 \pm 0.08\% \text{ yr}^{-1}$. The interannual variation in $F_{\text{max}}$ is also well predicted by the model in both regions, though slightly better in water limited regions ($r = 0.75$) than energy limited regions ($r = 0.45$).

**Fig. 3** | **Comparison of estimated peak vegetation cover against observations.** $F_{\text{max}}$ data are collected in the climate space of annual total precipitation and summer warmth index (SWI0) over 1982–2016. The density of points is represented by different colours. The black dashed line is the 1:1 line. The insert panel represents the probability density of predicted and observed $F_{\text{max}}$.
Fig. 4 | Trends in observed and predicted peak vegetation cover on the Tibetan Plateau. a, b, Annual time series of observed GIMMS $F_{\text{max}}$ (black line) and predicted $F_{\text{max}}$ (Red line) in water limited areas (a) and energy limited areas (b) over 1982–2016. $F_{\text{max}}$ data are collected in the climate space of total precipitation and SWI$_0$. The solid lines show fitted linear regressions, with slope $m$ (% yr$^{-1}$) and $P$ values indicated (*$P < 0.05$; **$P < 0.01$; ***$P < 0.001$).

Factorial simulations, in which one environmental variable was allowed to change while the others were held constant (see Methods), allowed us to diagnose the relative contribution of different environmental factors to the observed trends in $F_{\text{max}}$ (Fig. 6). Increasing precipitation was the major driver of $F_{\text{max}}$ trends in water limited areas (0.30±0.12% yr$^{-1}$) but was relatively unimportant in energy limited areas (0.010±0.004% yr$^{-1}$). Increasing CO$_2$ had a positive effect on vegetation cover overall, but the effect was larger in water limited areas (0.128±0.006% yr$^{-1}$) than in energy limited areas (0.077±0.003% yr$^{-1}$). Radiation had opposite effects in the two areas: increased radiation reduced vegetation cover in water limited regions (−0.100±0.035% yr$^{-1}$) but encouraged vegetation growth in energy limited regions (0.104±0.040% yr$^{-1}$). Increased VPD and warming had negative effects in both areas, but when compared with other environmental factors, the impact of VPD and warming was greater in energy limited areas (−0.106±0.043% yr$^{-1}$, −0.132±0.031% yr$^{-1}$ respectively) than water limited areas (−0.142±0.064% yr$^{-1}$, −0.078±0.026% yr$^{-1}$ respectively). This difference in response reflects the fact that increased atmospheric aridity and warming in energy limited areas necessitates increased below-ground allocation for nutrient and water uptake$^{22,23}$ and is consistent with an inferred increase in the unit cost of constructing and maintaining leaves ($z_{\text{cost}}$) (Supplementary Fig. 8).
Fig. 5 | Attribution of trends in peak vegetation cover to various factors. a, b, Trends in $F_{\text{max}}$ derived from observation (OBS) and modelled trends driven by precipitation (PREC), rising CO$_2$ (CO$_2$), photosynthetic photon flux density (PPFD), vapour pressure deficit (VPD), temperature (TEMP) and all environmental factors (PRE) using the Mann-Kendall test in water limited areas (a) and in energy limited areas (b). Error bars show the 95% confidence intervals of the regression. Statistically significant trends ($P<0.05$) are marked with one asterisk.

Our analyses show that the relationship between vegetation cover and climate has weakened over the past three decades (Fig. 6). Model predictions indicate that the sensitivity of vegetation cover to precipitation decreased by 13.6±3.9% over the period between 1982 and 2016, while the sensitivity to temperature decreased by 36.9±15.6%. These declines in sensitivity are also seen in the satellite observations. The interannual variation in observed sensitivity is also captured by the model, though the performance of the model in predicting temperature sensitivity ($r = 0.89$) is slightly better than predicting precipitation sensitivity ($r = 0.64$). Factorial simulations show that nearly half (49.9±14.5%) of the decrease in temperature sensitivity results from increased temperature (Supplementary Fig. 11b); the effect of increased temperature offsets the positive impacts of increased precipitation (7.6±6.9%), elevated CO$_2$ (3.6±0.7%) and increased PPFD (21.6±10.0%) on vegetation growth. These factorial simulations also show that recent increases in CO$_2$ have a positive influence on the
sensitivity of vegetation growth to precipitation (Supplementary Fig. 11a). This somewhat counterintuitive result reflects the fact that although water-use efficiency increases with elevated CO₂, the CO₂ induced enhancement of growth places high demands on water availability. The positive effect of CO₂ on the sensitivity of vegetation growth to increasing precipitation is offset by the negative influence of other variables. Specifically, the decreased sensitivity to precipitation is influenced both by changes in VPD and by changes in precipitation itself, which contribute 7.8±2.2% and 6.9±2.9% respectively to the decline in sensitivity. In water limited environments, plants respond to increases in VPD through stomatal closure and there is thus less transpiration and lower overall water demand. Under these conditions, increased precipitation does not translate into increased $F_{\text{max}}$ because the water demand is already satisfied. The situation is different in energy limited regions, where increased VPD inhibits photosynthesis and therefore directly reduces growth and the need for water. The declining sensitivity to precipitation reflects the fact that as precipitation increases there is an overall shift from water limitation to energy limitation across the Tibetan Plateau, with water limited areas shrinking and energy limited areas expanding significantly (Supplementary Fig. 12). These changes mean there is a reduction in the water constraint on vegetation growth, such that vegetation growth becomes less sensitive to further increases in precipitation.

![Fig. 6](image)

**Fig. 6 | Weakened relationship between vegetation cover and climate.** a, Annual time series of observed (black line) and predicted (red line) sensitivity of vegetation cover to precipitation (kp) on the Tibetan Plateau over 1982–2016. b, Annual time series of observed (black line) and predicted (Red line) sensitivity of vegetation cover to temperature (kt) on the Tibetan Plateau over 1982–2016. Both the observed and predicted sensitivity of peak vegetation cover to climate are obtained from log-sum-exp regression in the climate space of precipitation and SWI₀. The solid lines show fitted linear regressions, with slope m (a, % mm⁻¹ yr⁻¹; b, % SWI₀⁻¹ yr⁻¹) and P values indicated (*P < 0.05; **P < 0.01; ***P < 0.001).
Discussion

We have shown that a parsimonious modelling framework based on a theory of optimal plant function accounts for changes in vegetation cover both at individual sites and regionally. Annual peak vegetation cover has been used to track environmental constraints on terrestrial ecosystem productivity in previous studies\(^6\)-\(^8\),\(^10\),\(^21\). However, the divergent responses of maximum seasonal vegetation cover to recent observed climate changes in water limited and energy limited areas of the Tibetan Plateau has not been noted before. The long-term increase in growing season PPFD had opposite effects on water use and energy uptake. In energy limited areas, the lengthening of the growing season\(^10\),\(^30\), and the consequent increase in cumulative radiation, stimulated photosynthesis\(^31\) (Supplementary Fig. 1c and d) and had a positive impact on vegetation cover. However, in water limited (arid or semi-arid) regions, increased PPFD increased potential productivity (\(A_0\)), resulting in increased water demand per unit leaf area and, since water supply is limited, this imposed a constraint on vegetation growth (Supplementary Fig. 11a). Increases in precipitation have partly offset the negative impact of increased radiation and warming in water limited areas\(^32\), but only had a minor (albeit positive) effect on vegetation cover in energy limited areas (Fig. 5b).

Increasing CO\(_2\) concentrations have had a positive influence on peak vegetation cover in both energy and water limited areas (Fig. 5 and Supplementary Fig. 11). The same phenomenon has been observed in field experiments\(^33\),\(^34\). In energy limited areas, increased CO\(_2\) concentration is expected to increase vegetation cover due to enhanced photosynthesis\(^2\),\(^9\),\(^35\). Increased water use efficiency with increasing atmospheric CO\(_2\) concentration\(^7\),\(^8\),\(^25\) reduces the water constraint in water limited areas. In contrast, the recent increasing trend in VPD has had a negative impact on peak vegetation growth in both energy and water limited areas, a phenomenon noted in global analyses\(^29\). Increased VPD triggers stomatal closure, a mechanism for reducing water loss, leading to a decline in photosynthesis\(^29\),\(^36\).

Our analyses indicate that warming leads to changes in allocation, consistent with other observations and experimental evidence\(^22\),\(^23\). Liu et al.\(^23\), for example, have shown that warming leads to a shift towards deeper rooting and more below-ground carbon allocation in alpine grasslands, allowing plants to acquire more water and nutrients. The observed decline in vegetation sensitivity to warming over the past three decades, noted in other studies\(^10\),\(^13\),\(^14\), may similarly reflect increased below-ground carbon allocation.
Our study confirms that the sensitivity of vegetation growth to increasing temperature has weakened in recent decades, as shown in other studies\textsuperscript{10,13,14}. The magnitude of this decrease (36.9±15.6\%) on the Tibetan Plateau between 1982 and 2016 is similar to the value of 32.8\% obtained from the analyses of the northern extratropics for the period between 1982 and 2012\textsuperscript{10}. In contrast to the findings of Keenan and Riley\textsuperscript{10} for the northern extratropics, this declining sensitivity does not translate into a reduction of the area that is energy limited on the Tibetan Plateau which expands by 11.8\% over the period 1982 to 2016. This appears to be the result of the interplay between temperature and changes in other climate factors. The substantial increase in precipitation over the Plateau results in a decline in the area that is water limited but is insufficient to overcome the additional costs of constructing and maintaining leaves in energy-limited regions resulting from the increased radiation and atmospheric dryness. There have been several studies that have shown that increasing precipitation has led to increased vegetation growth in dry regions\textsuperscript{26,27}, and thus a reduction in the area of water limitation as in the Tibetan Plateau. However, these studies do not explicitly examine changes in the overall sensitivity to increasing precipitation, which we have shown has also weakened in recent decades albeit at a lower rate than the sensitivity to temperature. Understanding how this change in sensitivity to precipitation will affect the response to temperature will be important for understanding future changes in vegetation growth.

Process-based global vegetation models have been used to explore the causes of recent changes in vegetation cover\textsuperscript{3,6}. However, the global climate data sets used to drive these simulations represent the climate of the Tibetan Plateau poorly (see Supplementary Figs 14 and 15) and this precludes any direct comparison of our results with existing process-based simulations. Nevertheless, eco-evolutionary optimality (EEO)\textsuperscript{37,38} approaches have been shown to provide as good a representation of ecosystem processes as more complex global vegetation models\textsuperscript{39,40}, and our analyses suggest that these approaches provide a useful alternative way of exploring the causes of recent vegetation changes.

**Conclusion**

Despite having experienced similar climate trends over the last three decades, drier regions of the Tibetan Plateau have shown enhanced vegetation cover (greening) while wetter regions have shown decreased peak seasonal vegetation cover (browning). These divergent responses can be explained using a model that invokes limitation of vegetation growth by energy or water. While recent increases in CO\textsubscript{2} have tended to increase vegetation cover in both energy and water limited regions, changes in
temperature and atmospheric dryness (VPD) have impacted these regions differently. Warming has brought additional allocation costs, weakening the sensitivity of vegetation to temperature increases, particularly in energy limited regions. This parsimonious modelling framework based on eco-evolutionary theory\textsuperscript{37,38} has thus succeeded in predicting maximum vegetation cover and its temporal trends, and the unexpected spatial divergence of these trends across the Tibetan Plateau. Our analysis demonstrates the potential of parsimonious EEO-based modelling to reveal the mechanisms underlying recent trends in vegetation cover and its sensitivity to climate change.

Methods

Satellite data:

We used GIMMS third-generation fraction of absorbed photosynthetically active radiation fAPAR (fAPAR3g) dataset\textsuperscript{41} as an index of vegetation cover. fAPAR is a main driver of vegetation productivity\textsuperscript{42,43} and has been widely employed to track the environmental limitations on vegetation\textsuperscript{10,44}. The extended version of this data set covers the interval of 1982–2016 (http://sites.bu.edu/cliveg/datacodes/), with a spatial resolution of 1/12° and a temporal resolution of 2 weeks and it was resampled to 0.1° using bilinear interpolation to match the spatial resolution of climate data.

We determined the annual maximum fAPAR data as the peak greenness, a proxy for the capacity of ecosystem primary production\textsuperscript{6}, at each 0.1° grid cell from the biweekly composites. The maximum fAPAR ($F_{\max}$) at each geographic grid was then binned in climate space determined by the corresponding annual total precipitation and summer warmth index (SWI\textsubscript{0}, the sum of the monthly mean temperatures above 0 °C). The bin width was arbitrarily set to 50 mm for precipitation and 5 °C month for SWI\textsubscript{0}. In each climate bin, by selecting $F_{\max}$ in the upper 90–95th percentile, we identified the grid cells with maximum fAPAR attainable for a given amount of precipitation and temperature and the corresponding environmental variables for these grid cells. This binning procedure is designed to disentangle the respective effects of water and heat supply in limiting peak growth of vegetation and minimise the impact of non-climatic influences on greenness on the analyses. Similar analyses were used in the climate space determined by annual total precipitation and potential gross primary production ($A_0$) with the bin width of 50 mm for precipitation and 100 g C m\textsuperscript{-2} yr\textsuperscript{-1} for $A_0$. Climate bins with less than 5 grid cells were not included in this analysis. Vegetation dynamics on the Tibetan Plateau were examined with $F_{\max}$ data in both geographic and climate space using ordinary least squares linear regression.
Climatic variables

We obtained daily climate data for the period 1982–2016 from the China Meteorological Forcing Dataset (CMFD) at a 0.5 degree spatial resolution (http://data.tpdc.ac.cn/en/data/8028b944-daaa-4511-8769-965612652c49/). The meteorological elements of CMFD used in this study were specific humidity \((q)\), air pressure \((p)\), air temperature \((T)\), precipitation (PREC), and downward shortwave radiation (Srad).

Using the CMFD data, we calculated vapour pressure deficit (VPD, Pa) as the difference between saturated vapour pressure \((e_s, \text{Pa})\) and actual vapour pressure \((e_a, \text{Pa})\):

\[
\text{VPD} = e_s - e_a = 611.0 \cdot e^{\left(\frac{17.27T}{T+237.3}\right)} - \frac{pq}{0.378q + 0.622}
\]  

(1)

Here, \(T\) is air temperature (°C), \(p\) is air pressure (Pa) and \(q\) is specific humidity (kg/kg).

Following Meek et al., we derived photosynthetic photon flux density (PPFD) from solar radiation (Srad):

\[
\text{PPFD} = 60 \cdot 60 \cdot 24 \cdot 2.04 \cdot 10^{-6} \cdot \text{Srad}
\]  

(2)

where, PPFD is the daily photosynthetic photo flux density (mol m\(^{-2}\) d\(^{-1}\)); Srad is daily mean downward shortwave radiation (W m\(^{-2}\)).

Air temperature and VPD were averaged over the growing season, defined as the period of the year when air temperature is continuously above 0 °C. PPFD was also accumulated over the growing season. Precipitation was accumulated over the whole year. The annual time series of atmospheric CO\(_2\) concentration between 1982 and 2016 was obtained from the National Oceanic and Atmospheric Administration Earth System Research Laboratory (NOAA: https://www.esrl.noaa.gov/gmd/ccgg/trends/). We used ordinary least squares regression to calculate the trends of long-term annual total precipitation (PREC), growing season mean vapour pressure deficit (VPD), summer warmth index (SWI\(_0\)), growing season accumulated photosynthesis photo flux density (PPFD) and atmospheric CO\(_2\) concentration (CO\(_2\)).

Besides CMFD dataset, we also obtained daily climate data from Climatic Research Unit-National Centers for Environmental Prediction (CRU-NCEP) dataset, consisting of air temperature, precipitation, solar radiation, specific humidity, and air pressure, with the spatial resolution of 0.5 degree. This dataset is the climate forcing of Trends in Net Land Carbon Exchange (TRENDY).
Inter-model Comparison Project. We evaluated the performance of this global climate driving data set on the Tibetan Plateau by comparing the spatial distributions and temporal trends of climate variables derived from CRU-NCEP and CMFD datasets.

**log-sum-exp regression analysis**

We applied log-sum-exp regression\(^{48}\), which fits a continuous approximation to the minimum function, to explore the spatial dependence of vegetation cover on precipitation and SWI\(_0\). A mixed effect model in the ‘nlmefit’ function of MATLAB was used to perform this non-linear regression with the ‘year’ as the random effect using the formula:

\[
F_{\text{max}} = -\frac{1}{K} \ln(e^{-K \text{ kp PREC}} + e^{-K \text{ kt SWI}_0} + e^{-K f_{\text{max}}})
\]  

(3)

where maximum fAPAR \((F_{\text{max}})\) is the response variable, precipitation \((\text{PREC}, \text{ mm})\) and summer warmth index \((\text{SWI}_0, ^\circ\text{C month})\) are the predictor variables. \(K\), kp, kt and \(f_{\text{max}}\) are the parameters.

The greater the value \(K\), the closer this function is to the minimum function. Here, as Peng et al.\(^ {48}\) recommended, \(K\) was set as a constant 10. kp and kt fitted by observations, are expressed as the change in \(F_{\text{max}}\) with for a unit increase of precipitation and temperature, i.e., the sensitivity of \(F_{\text{max}}\) to the precipitation and temperature in units of % mm\(^{-1}\) and % °C month\(^{-1}\) respectively. \(f_{\text{max}}\), set as a constant (0.95), represents the maximum possible fraction of PAR that can be absorbed by the canopy\(^ {49, 50}\).

**Modelling of maximum vegetation cover**

By coupling the eco-evolutionary optimality and hydro-climatological rate limitation framework with a universal primary production model (P model)\(^ {38, 51-53}\), we propose a theory to investigate patterns of vegetation cover in space and time. The basic hypothesis is that peak vegetation cover is limited either by energy supply (in which case, allocation to leaves maximises net energy profit) and water supply.

- **Prediction of potential gross primary production:**

  The P model is a universal and extensively tested light use efficiency (LUE) model\(^ {31, 54, 55}\) to predict gross primary production (GPP) by plants. It is based on the Farquhar-von Caemmerer-Berry (FvCB) model for biochemical processes\(^ {56}\) combined with eco-evolutionary optimality hypotheses (the least-cost and coordination hypotheses) to represent the adaptation of stomatal behaviour and photosynthetic capacities to environmental conditions\(^ {52, 57}\). The least-cost hypothesis states that plants minimize the summed costs of maintaining carboxylation and transpiration capacity by regulating
their leaf-internal CO$_2$ concentration$^{57}$. The coordination hypothesis states that the carboxylation-limited rate ($A_c$) and electron transport-limited rate ($A_i$) of photosynthesis, the lesser of which determines the instantaneous photosynthetic rate, tend to equality$^{55}$. Comparisons between predicted GPP and eddy covariance data show the P model performs as well as more complex models$^{40,53}$.

Based on the P model, GPP ($A$) can be expressed as a product of fAPAR and potential gross primary production ($A_0$):

$$ A = \text{fAPAR} A_0 $$

where $A_0$ is the product of light use efficiency (LUE) and incident photosynthetically active radiation (PAR):

$$ A_0 = \text{PAR} \times \text{LUE} $$

In equation (5):

$$ \text{LUE} = \varphi_0 m \sqrt{1 - \left(\frac{c^*}{m}\right)^3} $$

$$ m = \frac{(c_i - \Gamma^*)}{(c_i - 2\Gamma^*)} $$

$$ \chi = \frac{c_i}{c_a} = \frac{\Gamma^*}{c_a} + \left(1 - \frac{\Gamma^*}{c_a}\right) \frac{\xi}{(\xi + \sqrt{\text{VPD}})} $$

$$ \xi = \sqrt{\frac{\beta(K + \Gamma^*)}{1.6\eta^*}} $$

where PAR is photosynthetically active radiation (mol m$^{-2}$ d$^{-1}$), calculated from Srad by eq. (2); $\varphi_0$ is the intrinsic quantum yield of photosynthesis (mol CO$_2$ mol$^{-1}$ photon). $m$ reflects the impact of leaf-internal CO$_2$ on carbon assimilation, determined by the leaf-internal CO$_2$ partial pressure ($c_i$, Pa) and the CO$_2$ partial pressure compensation point ($\Gamma^*$, Pa); $\chi$ is the ratio of the leaf-internal to ambient CO$_2$ partial pressure ($c_i$, Pa); VPD is vapour pressure deficit (Pa); $\eta^*$ the viscosity of water relative to its value at 25˚C (dimensionless); $K$ is the effective Michaelis-Menten coefficient of Rubisco (Pa) at a given temperature and atmospheric pressure. Two dimensionless constants ($c^*=0.41$ and $\beta=146$) are globally estimated from independent data. The P model code is available at https://github.com/stineb/rpmodel.

- **The eco-evolutionary-optimality-based energy limitation:**

  We propose that plants maximize net energy profit after the costs of constructing and supporting leaves are accounted for. fAPAR is estimated from leaf area index (LAI) by Beer's law$^{58}$.
where LAI (m² m⁻²) is projected leaf area per unit ground area and $k = 0.5$ is the extinction coefficient for photosynthetically active radiation.

Net energy profit ($P_n$) is assumed to be equal to the difference between the energy gain through assimilation (GPP) and the cost of constructing and maintaining leaves:

$$P_n = GPP - z_{cost} LAI$$

where, $z_{cost}$ (mol C m⁻² yr⁻¹) depends on climate. It should be larger when the photosynthetic characteristics of vegetation are affected by warming or increased aridity at relatively higher temperature, lower soil moisture, and/or higher vapour pressure deficit since more carbon needs to be allocated to root construction²³, ⁵⁹. Note that although both GPP and LAI have a large spatial variation, $z_{cost}$ expresses the unit carbon cost requirements for the leaf, which varies much less across the Tibetan Plateau with grassland as the dominant vegetation coverage. Therefore, $z_{cost}$ was set a constant across the Tibetan Plateau each year.

Substituting equation (11) to equation (10), net profit can be expressed as:

$$P_n = A_0 (1 - e^{-kLAI}) - z_{cost} LAI$$

When the first derivative of equation (12) is equal to zero, the net energy profit is maximized since the second derivative of equation (12) is always negative:

$$\frac{\partial P_n}{\partial LAI} = k A_0 e^{-kLAI} - z_{cost} = 0$$

The solution of equation (13) can then be written as:

$$LAI = \frac{1}{k} \ln\left(\frac{A_0}{z_{cost}}\right)$$

Substituting equation (9) in equation (13) yields energy limited fAPAR ($fAPAR_{energy}$):

$$fAPAR_{energy} = 1 - \frac{z_{cost}}{k A_0}$$

The formula shows that in energy limited conditions, peak vegetation cover should only be controlled by energy supply. The greater the $A_0$, the larger the fAPAR.

• The mass-balance-based water limitation:

The mass-balance-based water limitation requires that transpiration (accompanied by carbon assimilation) should be matched by the water supply from precipitation⁶⁰, ⁶¹. We assume that vegetation makes use of a certain fraction ($f_0$) of precipitation to maintain its capacity for photosynthesis.
where $T$ is the total transpiration in the growing season (mm yr\(^{-1}\)). PREC is annual total precipitation (mm yr\(^{-1}\)). $f_0$ is the ratio of precipitation to transpiration (dimensionless), which depends on the partitioning of evapotranspiration (ET) and precipitation. To simply the model, $f_0$ is set as a constant throughout the Tibetan Plateau.

Water demand of vegetation can be estimated by Fick’s Law:\(^{62}\):

$$T = f_0 \text{PREC}$$

(16)

where $G_s$ is canopy conductance to CO\(_2\).

Carbon assimilation, accompanied by transpiration, can be expressed as a function of canopy conductance ($G_s$), ambient CO\(_2\) concentration ($c_a$) and the ratio of leaf-internal CO\(_2\) ($c_i$) to $c_a$ ($\chi$) using Fick’s law as well:

$$GPP = G_s c_a (1 - \chi)$$

(18)

Then, substituting equations (4) and (18) into (17), $T$ can be calculated as:

$$T = \frac{1.6 fAPAR A_0 \text{VPD}}{c_a (1 - \chi)}$$

(19)

Derived from equation (16) and (19), based on the water mass-balance, water limited vegetation cover ($fAPAR_{water}$) can be calculated as:

$$fAPAR_{water} = \frac{c_a (1 - \chi) f_0 \text{PREC}}{1.6 \text{VPD} A_0}$$

(20)

Parameter estimation:

This framework posits that peak vegetation cover should be determined by the lesser of the water and energy limited vegetation cover\(^{61}\). $F_{\text{max}}$ can then be expressed as:

$$F_{\text{max}} = \min \left[1 - \frac{z_{\text{cost}} c_a (1 - \chi) f_0 \text{PREC}}{k A_0}, f_{\text{max}}\right]$$

(21)

Here, $f_{\text{max}}$ is set as a constant (0.95)\(^{49,50}\). It represents the maximum achievable fAPAR and is independent of other parameters. $f_0$ (the ratio of total precipitation to water supply) and $z_{\text{cost}}$ (unit carbon cost of construction and maintenance of leaves) are fitted by the observed fAPAR and climate data using log-sum-exp regression:
\[ F_{\text{max}} = -\frac{1}{K} \ln \left[ e^{-K (1 - \frac{z_{\text{cost}}}{A_0})} + e^{-K \frac{a(1 - X) f_a \text{PREC}}{1.6 \text{VPD} A_0}} + e^{-K f_{\text{max}}} \right] \]  

(22)

**Above-ground biomass data**

We used site-based measurements of aboveground biomass as an additional validation of the model performance. Aboveground biomass measurements from 1689 sites on the Tibetan Plateau complied by Xia et al. were obtained from https://iopscience.iop.org/article/10.1088/1748-9326/aa9997/data. The measurements were all taken in July and early August, at the peak of vegetation growth on the Plateau and are thus comparable to \( F_{\text{max}} \). The site data were projected in the climate space of SWI\(_0\) and precipitation, with bin widths arbitrarily set to 5°C month for SWI\(_0\) and 50 mm for precipitation. We then selected the biomass data at the upper 85–95th percentile and the corresponding fAPAR in each climate-space bin to identify grid cells with peak vegetation cover attainable for a given amount of precipitation and temperature.

**Diagnosing the contribution of environmental factors**

We applied our model to diagnose the driving forces of greening and browning of the Tibetan Plateau. Six simulations with different inputs were used to assess the ability of the model to predict response patterns of vegetation cover to climate change and environmental factors. In the first simulation (SIM), all input variables varied over time. In the other five experiments (PREC, CO\(_2\), PPFD, VPD, TEMP), the named input variable was held constant at its median value over the 35 years and the other variables were allowed to vary realistically. The difference between the SIM and each of the individual variable simulations provides a measure of the effect of single drivers. Similar analyses were used to diagnose the contribution of individual environmental factors to the trends in precipitation and temperature sensitivity.

**Data availability**

The GIMMS3g fAPAR data are available on NASA NEX (see instructions at http://sites.bu.edu/cliveg/datacodes/). The CMFD climate datasets underlying analysis are publicly available at Third Pole Environment Data Centre (http://data.tpdc.ac.cn/en/data/8028b944-daaa-4511-8769-965612652c49/). The CRU-NCEP climate dataset can be obtained from https://rda.ucar.edu/datasets/ds314.3/. Aboveground biomass measurements from 1689 sites on the Tibetan Plateau complied by Xia et al. can be downloaded at https://iopscience.iop.org/article/10.1088/1748-9326/aa9997/data.
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Author contributions

H.W., I.C.P. and S.P.H. designed the study. Z.Z. performed the analysis. S.Q. and S.T. contributed to the idea development. I.C.P and S.P.H contributed to the interpretation of the results. H.W. and Z.Z. wrote the first draft. All authors participated in the revision of the manuscript.

Competing interests

The authors declare no competing interests.

References:


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