# Appendix

# *Appendix 1 – List of institutions of accredited didactic programs*

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| **Region** | **Province** | **University/College** |
| Northeast China | Jilin | Jilin University |
| Baicheng Medical College |
| Heilongjiang | Harbin Medical University |
| Liaoning | China Medical University |
| Northwest China | Shanxi | Shanxi University of Chinese Medicine |
| Xi'an Jiaotong University |
| Xinjiang | Xinjiang Medical University |
| Ningxia | Ningxia Medical University |
| North China | Beijing | Peking University |
| Capital Medical University |
| Beijing Union University |
| Tianjin | Tianjin Medical University |
| Tianjin University of Science &Technology |
| Hebei | Hebei Medical University |
| Shanxi | Shanxi Medical University |
| Central China | Hubei | Huazhong University of Science and Technology |
| Hunan | Central South University |
| Henan | Zhengzhou University |
| East China | Shandong | Qingdao University |
| Shandong University |
| Jiangsu | Southeast University |
| Nanjing Medical University |
| Nanjing University of Chinese Medicine |
| Yangzhou University |
| Suzhou Vocational Health College |
| Anhui | Anhui Medical University |
| Bengbu Medical College |
| Zhejiang | Zhejiang University |
| Wenzhou Medical University |
| Ningbo College of Health Sciences |
| Fujian | Fujian Medical University |
| Jiangxi | Nanchang University |
| Shanghai | Shanghai Jiaotong University |
| Fudan University |
| Shanghai University of Traditional Chinese Medicine |
| Shanghai University of Medicine & Health Sciences |
| South China | Guangxi | Guangxi Medical University |
| Guilin Medical University |
| Guangdong | Sun Yat-sen University |
| Hainan | Hainan Medical University |
| Southwest China | Sichuan | Sichuan University |
| Chengdu University of T.C.M |
| Yunnan | Kunming Medical University |
| Guizhou | Guizhou Medical University |
| Chongqing | Southwest University |

# *Appendix 2 – Dietetic curriculum*

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| **Modules** | **Registered Dietitian** | **Registered Dietetic Technicians** |
| **Courses** | **Credits** | **Courses** | **Credits** |
| General Medicine | Anatomy, Biochemistry, Physiology, Microbiology, Immunology | 10 | Biochemistry, Physiology | 1 |
| Fundamental Nutrition | Introduction to Nutrition, Nutrition Foundation | 4 | Introduction to Nutrition, Nutrition Foundation | 3 |
| Food Science and Food Safety | Food Science, Food Analysis, Food Processing, Food Safety | 6 | Food Science, Food Safety | 5 |
| Foodservice and Management | Culinary Science, Diet Management and Design, Recipe Preparation, Catering Management and Practice | 6 | Culinary Science, Diet Management and Design, Recipe Preparation, Catering Management and Practice | 10 |
| Community Nutrition | Dietary Nutrient Reference Intake, Dietary Guidelines, Nutrition Survey and Evaluation, Food, Health and Dietary Patterns (including Vegetarian), Community Nutrition and Chronic Disease Management, Health Management | 5 | Dietary Nutrient Reference Intake, Dietary Guidelines, Nutrition Survey and Evaluation, Food, Health and Dietary Patterns (including Vegetarian), Community Nutrition and Chronic Disease Management, Health Management | 3 |
| Human Nutrition | Nutrition of People of Different Ages (Different Physiological Conditions), Nutrition of People of Different Occupations and Environment, Sports Nutrition | 4 | Nutrition of People of Different Ages (Different Physiological Conditions), Nutrition of People of Different Occupations and Environment, Sports Nutrition | 3 |
| Clinical Nutrition | Introduction to Clinical Nutrition, Intestinal and Parenteral Nutrition, Medical Nutrition Therapy | 7 | Introduction to Clinical Nutrition | 1 |
| Nutrition Education | Psychology, Nutrition Counseling and Education, Nutrition Counseling and Educational Practice | 4 | Nutrition Counseling and Education, Nutrition Counseling and Educational Practice | 1 |
| Environment and Health | Introduction to Environment and Health, Epidemiology and Health Statistics | 3 |  | 1 |
| Dietetic Internship |  | 1 |  |  |
| Total credits |  | 50 |  | 27 |
| Total hours (16 hours per credit) |  | 800 |  | 432 |

# *Appendix 3 – Timeline: Milestones of Chinese Registered Dietitian*

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| --- | --- |
|  | **TIMELINE: Milestones of Chinese Registered Dietitian** |
| Nov 2014 | The Registered Dietitian Accreditation System Establishment project by the Chinese Nutrition Society (CNS) launched |
| May 28, 2016 | The first pilot Registered Dietitian Examination in Shanghai Jiao Tong University School of Medicine conducted |
| Dec 17, 2016 | • Registered Dietitian Committee (RDC) by CNS established• The first annual meeting of RDC held |
| Dec 30, 2016 | *The* *Interim Provisions on the Level Evaluation System of Registered Dietitians* issued |
| Mar 3, 2017 | *The Implementation Standards of Dietitian Registration Examination* issued |
| Mar 7, 2017 | An examination exemption guideline for grandfather group dietitians released |
| Mar 27, 2017 | Statement of *no short-term training for RD/DTR credentials accepted* announced |
| Apr 23, 2017 | Official website of RD/DTR www.crdietitian.org launched |
| May 24, 2017 | *Registered Dietitian: Practice and Future Trends* Forum in the 13th China Nutrition Science Congress held |
| Jul 9, 2017 | The first national RD examination held in five cities – Beijing, Shanghai, Guangzhou, Changchun, Chengdu |
| Aug 17, 2017 | The first cycle of didactic program application and accreditation started |
| Oct 18–24, 2017 | The RDC representatives• meeted with dietetic program advisors of New York University and Columbia University• meeted with The New York City Government Department of Health Division of Nutrition• visited long term care institutions in Manhattan and Bronx• attended FNCE 2017 in Chicago |
| Dec 7, 2017 | An examination exemption guideline for dietitians overseas released |
| Dec 8, 2017 | The first cycle of dietetic internship program application and accreditation started |
| Dec 18, 2017 | In the CPPCC auditorium, Beijing• accreditation ceremony of RD representatives held• the official logo of RD released• the first cycle of didactic programs accredited |
| Jan 21, 2018 | The first national DTR examination held in five cities – Beijing, Shanghai, Guangzhou, Changchun, Chengdu |
| Mar 17, 2018 | The second annual meeting of RDC and the first seminar of accredited didactic programs held |
| Apr 19, 2018 | 20 registered dietitians under 35 sponsored by the President’s Fund of CNS participating in the 7th Asian Dietitians Conference with either oral or poster accepted |
| Jul 24, 2018 | The second national RD examination held in five cities – Beijing, Shanghai, Guangzhou, Changchun, Chengdu |
| Aug 3, 2018 | *The Interim Provisions on Continuing Education* *of Registered Dietitians* issued |
| Aug 29–31, 2018 | The 1st *Nutrition Theory Application and Skills Practice* CE program (CNS developed) held |
| Oct 13–15, 2018 | The 2nd *Nutrition Theory Application and Skills Practice* CE program (CNS developed) held |
| Nov 16–18, 2018 | The 3rd *Nutrition Theory Application and Skills Practice* CE program (CNS developed) held |
| Jan 20, 2019 | The second national DTR examination held in five cities – Beijing, Shanghai, Guangzhou, Changchun, Chengdu |
| Mar 6, 2019 | The first cycle dietetic internship programs accredited |
| Mar 22, 2019 | The second cycle of didactic program application and accreditation started |
| Jun 6, 2019 | The second cycle of didactic programs accredited |
| Sep 3, 2019 | *Let RD resident in 55 national Olympic sports teams* project launched |
| Sep 22, 2019 | *Registered Dietitian Development Forum – Practice Skills Advancing to the Rising Future* in the 14th China Nutrition Science Congress and the 11th Asia Pacific Conference on Clinical Nutrition held |
| Oct 28–Nov 1, 2019 | The 1st *Sports Nutrition Advanced Skills* CE program (CNS and the General Administration of Sport of China jointly developed) held |
| Nov 21, 2019 | Official CE application and RD/DTR recertification system launched |
| Nov 23, 2019 | The second seminar of accredited didactic programs held |
| Nov 29–Dec 1, 2019 | The 1st *Nutritional Science Popularization Ability Improvement* CE program (CNS developed) held |
| Dec 6–8, 2019 | The 2nd *Nutritional Science Popularization Ability Improvement* CE program (CNS developed) held |
| May 17, 2020 | Strategic cooperation contract of CNS and Health Human Resources Development Center, Ministry of Health of the People’s Republic of China (HHRDC) signed |
| Jul 1, 2020 | The second cycle of *Let RD resident in 55 national Olympic sports teams* project recruitment launched |
| Aug 7–9, 2020 | The 3rd *Nutritional Science Popularization Ability Improvement* CE program (CNS developed) held |
| Dec 20, 2020 | The first computer-based national RD/DTR examination held in 15 cities (the 6th national exam) |

# *Appendix 4 – Selected characteristics of overseas dietitian registered in China*

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| **Variable** |  |
| **Level** |  |
| RD | 52 (93%) |
| DTR | 4 (7%) |
| **Gender** |  |
| Female | 51 (91%) |
| Male | 5 (9%) |
| **Country of certification** |  |
| The US | 22 (42%) |
| Canada | 8 (15%) |
| Australia | 15 (29%) |
| Japan | 5 (10%) |
| New Zealand | 1 (2%) |
| The UK | 1 (2%) |
| **Highest degree earned** |  |
| Bachelor’s | 10 (18%) |
| Master’s | 44 (78%) |
| Doctoral | 2 (4%) |
| **Age (y)** |  |
| 25–29 | 14 (27%) |
| 30–34 | 28 (54%) |
| 35–39 | 6 (11%) |
| 40–44 | 3 (6%) |
| >44 | 1 (2%) |
| **Practice area** |  |
| Clinical nutrition | 20 (38%) |
| Consultation and business | 20 (38%) |
| Education and research | 6 (12%) |
| Food and nutrition management | 3 (6%) |
| Community | 3 (6%) |