Questionaire for body building supplements

Gym name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Code number of athlete:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Length of time participating in body building:\_\_\_\_\_\_\_\_\_\_\_\_\_

Do you use any of the following supplements:

Protein powder:\_\_\_\_\_\_\_\_\_\_\_\_, amount per day:\_\_\_\_\_\_\_\_\_\_\_\_\_

Creatine powder:\_\_\_\_\_\_\_\_\_\_\_\_, amount per day:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Vitamins:\_\_\_\_\_\_, if oral , number of tablets/capsules per day\_\_\_\_\_\_\_\_

If injected vitamins, number of injections per month:\_\_\_\_\_\_\_\_

Have you ever injected veterinary Vit A D3 E (ADE, or AD3):\_\_\_\_\_\_, How many times:\_\_\_\_\_\_\_\_

Anabolic steroids: circle product, add another if not listed:\_\_\_\_\_\_\_\_\_\_\_\_

 Dianabol, Dbol, Boldinon, alphabol, terenbolon, times per month:\_\_\_\_\_\_\_\_

 Nandrolol (deca durabolin), times per month:\_\_\_\_\_\_\_\_\_

 Dynobolon, Psychobolan, times per month:\_\_\_\_\_\_\_\_\_\_

 Sustanon, times per month:\_\_\_\_\_\_\_\_\_

 Testosterone:\_\_\_\_\_\_\_, times per month:\_\_\_\_\_\_\_\_

 Winstrol, times per month

 Do you do steroid cycling:\_\_\_\_\_\_\_\_(list products used):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Do you inject growth hormone (HGH):\_\_\_\_\_\_\_\_, times per month\_\_\_\_\_\_\_\_

Do you use any of the following

 Animal M-Stak:\_\_\_\_\_\_\_\_\_\_

 Animal PAK:\_\_\_\_\_\_\_\_\_\_\_

 Optimen:\_\_\_\_\_\_\_\_\_\_

 Body Lab:\_\_\_\_\_\_\_\_\_

 Mass Gainer:\_\_\_\_\_\_\_\_

Do you use energy drinks: While training:\_\_\_\_\_\_\_\_\_, number per day:\_\_\_\_\_\_\_\_

I Acknowledge that I am participating in a study of the effects of body building supplements on my kidneys, and that the information may be used for publication in medical journals and for making decisions on public health policies.

Please indicate that you have read and understand this acknowledgement with your code number: \_\_\_\_\_\_\_\_\_