**Appendix 1: Regional and national public health profiles**

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|  | South Tyneside | General population (UK) |
| Population | 150,300 | 64,553,900 |
| Life expectancy | 77.7 years (male)81.7 years (female) | 79.6 years (male)83.1 years (female) |
| Smoking prevalence (18+) | 18.8% | 14.4% |
| Overweight or obese (18+) | 71.7% | 66.5% |