**Additional file 3: Data Extraction Tables 1 and 2**

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| **Table 1: Review characteristics** |
| **Title, author, citation and funding source** | **Aim**  | **Year** | **Study Designs included**  | **Cancer type** | **Population** | **Intervention descriptions using ITAX domains** | **Behavioural Change Techniques identified coded using BCTTV1** | **Comparator** | **Outcomes** | **Quality Assessment tools used** | **Patient/public involvement in design/planning** | **Type of analysis/synthesis** |

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| **Table 2: Findings and quality assessment** |
| **Title, author and citation** | **Number of included studies and sample size** | **Geographic locations of included studies** | **Date range of search** | **Adverse events** | **Review conclusions** | **AMSTAR-2 risk grading** | **Review recommendations for further research** | **Umbrella review authors comments** |