# Additional file 2, in the manuscript:

# A quality indicator set for rehabilitation services for people with rheumatic and musculoskeletal diseases demonstrates adequate responsiveness in a pre–post evaluation

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| **Additional file 2** Baseline characteristics of patients in the BRIDGE-trial when the QI-set was distributed (n=357) | | | |
|  | T1-group  (n = 200) | T2-group  (n = 157) | p-value |
| Age, years, mean (min, max) | 52 (21,81) | 49 (18,77) | 0.0051 |
| Gender, female, n (%) | 148 (74) | 123(78) | 0.3412 |
| Diagnosis, n (%)  Inflammatory rheumatic disease (SpA, PsA, RA, JRA)  Osteoarthritis   Connective tissue disease (SLE, SS, PMR, MCTD)  Fibromyalgia syndrome, CWP  Unspecific neck-, shoulder- and low back pain (>3 months) | 143 (72)  8 (4)  14 (7)  20 (10)  15 (8) | 85 (54)  5 (3)  6 (4)  51 (32)  10 (6) | <0.0012 |
| Disease duration, years, median (min, max) | 17 (1,67) | 13 (0,68) | 0.0143 |
| Comorbidities, n, median (min , max) | 2.5 (0,9) | 3 (0,9) | 0.3343 |
| Medication usage  NSAIDs, n (%)  Disease modifying anti-rheumatic drugs (DMARDs), n (%)  TNF-inhibitors, Biosimilars, JAK-inhibitors n (%)  Analgesics, n (%)  Other drugs, n (%) | 80 (43)  68 (37)  42 (23)  131 (70)  135 (73) | 76 (53)  51 (36)  26 (18)  103 (72)  107 (75) | 0.0682  0.8672  0.3292 0.7512 0.6472 |
| BMI (kg/m2), median (min, max) | 28 (17,66) | 28 (17,50) | 0.6623 |
| Smokers, n (%) | 57 (29) | 37 (24) | 0.3302 |
| Snuff users, n (%) | 19 (10) | 13 (9) | 0.7042 |
| Education > 12 years, n (%) | 80 (40) | 67 (44) | 0.5582 |
| Paid work, n (%) | 85 (43) | 69 (45) | 0.6642 |
| Recipients of social security benefits, n (%) | 139 (81) | 120 (87) | 0.1782 |
| Living with partner, n (%) | 140 (70) | 103 (67) | 0.4852 |
| Physical exercise ≥ 1 per week, n (%) | 123 (62) | 81 (53) | 0.0822 |
| General activity ≥ 1 per week, n (%) | 147 (74) | 104 (68) | 0.2202 |

*1Independent Samples T-test, 2Pearson Chi Square test, 3Mann Whitney U test. SpA: spondyloarthritis, PsA: psoriatic arthritis, RA: rheumatoid arthritis, JRA: juvenile rheumatoid arthritis, SLE: systemic lupus erythematosus, SS: Sjögren syndrome, PMR: polymyalgia rheumatica, MCTD: mixed connective tissue disease, CWP: chronic widespread pain. Disease duration (symptom debut) and comorbidities are self-reported. NSAIDs: nonsteroidal anti-inflammatory drugs, DMARDS include corticosteroids, TNF: tumor necrosis factor, JAK: Janus Kinase. BMI: body mass index (bodyweight/height2). Physical exercise: increased heart rate and breathing for 30 minutes or longer. General activity: social or cultural activities, hobbies, work.*