**Comparison of Vegan and Non-Vegan Diets on Memory and Sleep Quality**

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Participant Num,Age Years of Diet,Gender2,Educ level,Diet2,Yrs diet,Sleep,T1-5,Delayed,Total,Scaled recognition

8,47,1,4,4,,4,124,114,123,11

30,75,1,6,4,,6,129,109,121,11

50,64,1,7,4,,5,123,129,129,11

9,60,0,7,4,,8,93,83,91,9

13,43,0,2,4,,6,104,96,103,10

33,73,0,5,4,,2,115,121,119,12

29,45,0,0,4,,14,104,96,98,11

36,46,0,7,4,,4,92,80,90,4

4,59,0,6,4,,7,90,80,86,7

20,45,0,2,4,,5,67,84,76,7

18,43,0,6,4,,3,118,117,119,14

21,65,0,5,4,,5,105,79,101,40

19,57,0,8,4,,6,127,121,128,15

2,45,0,5,4,,4,83,83,82,4

56,77,1,6,3,,7,110,117,113,12

12,68,1,5,3,,1,135,132,135,12

28,65,1,6,3,,2,127,124,128,11

31,64,1,7,3,,1,118,108,118,10

34,77,1,6,3,,3,119,120,122,16

26,49,1,6,3,,3,113,111,114,15

51,47,0,7,3,,8,95,92,94,11

11,46,0,6,3,,3,114,99,108,9

5,52,0,2,3,,11,114,93,106,7

17,54,0,5,3,,1,73,69,73,6

32,71,0,5,3,,4,114,118,117,13

16,47,0,3,3,,5,87,89,87,8

15,66,0,3,3,,1,111,93,104,10

27,63,0,6,3,,7,113,113,115,11

22,38,0,2,3,,6,111,105,112,10

23,54,0,2,3,,5,109,106,110,11

59,50,0,7,3,,5,108,103,106,12

14,52,1,2,2,,10,117,120,117,10

43,53,1,3,2,1,3,135,132,139,15

55,45,1,7,2,30,3,105,104,107,11

3,72,1,3,2,30,1,140,136,145,16

61,42,1,6,2,20,3,124,118,124,12

57,43,1,7,2,6,5,120,132,129,14

62,56,1,8,2,20,7,91,92,90,9

49,59,0,7,2,25,9,104,104,108,7

53,52,0,7,2,,3,99,98,98,11

35,63,0,3,2,,5,120,126,125,11

47,55,1,8,0,2,4,128,132,132,15

37,54,1,2,0,1,7,105,117,112,15

40,68,1,6,0,8,1,129,129,134,15

38,52,1,2,0,3,5,118,115,115,12

7,54,1,2,0,,1,122,125,129,12

6,52,1,3,0,,5,120,123,120,15

39,51,1,3,0,4.5,5,119,120,121,15

46,55,1,6,0,,2,104,98,103,6

42,50,0,2,0,2,5,98,92,96,9

44,50,0,3,0,2,3,80,94,87,9

48,47,0,5,0,3.5,5,100,104,106,12

25,49,0,6,0,,5,124,132,127,15

10,58,0,2,0,4,5,132,127,132,13

41,50,1,4,1,1.25,9,95,84,91,7

45,59,1,5,1,,8,114,114,114,12

52,55,1,6,1,17,6,118,132,124,15

60,52,1,4,1,20,1,130,132,135,15

54,62,0,7,1,15,6,114,120,116,15

1,77,0,6,1,,14,120,104,114,16

58,40,0,7,1,3,6,123,129,129,14