**Supplementary Text 1.**

PSC Scale: psychometric data and scale adaptation.

Each item is rated on a 0(never)-2(often) Likert scale. A clinically significant score is obtained either by exceeding the cut-off (24 or 28 points, age-dependent) or by increasing on 6 or more points with respect to a prior evaluation (PSC+) (Murphy et al., 2016). The PSC scale has a positive predictive value of 68% and a negative predictive value of 95% and high internal consistency (Cronbach alpha = .91) (Jellinek et al., 1988; Murphy, J. M., Arnett, H. L., Bishop, S. J., Jellinek, M. S., Reede, 1992).

Due to school closures and confinement, certain items required adaptation. Explanatory parentheses were added. Specifically , item 5: Problems with teacher \*if there is no school, with adults at home; item 6: Less interested in school \*if there is no school, with related topics; item 16: Fights with other children \*if no meeting with other children, assess if it would be possible; item 17: Does not attend school \*if there is no school, does not accept school-online contact; item 18: Worsens their grades \*if there is no school, assess if their performance is falling.

Social Readjustment Scale for children (SLE) scale

Some examples of SLE are the death of a parent, death of a sibling, the diagnosis of a heath condition, starting school for the first time, among others.

The current confinement situation and the use of some non-peninsular Spanish terms could lead to confusion. For these reasons, minimal situational/cultural adaptations were made in some Spanish-Mexican to some Spanish-Spain items (e.g. “reprobación” by “suspensión”)

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