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| Table S1. The study inclusion and exclusion criteria |
| Inclusion criteria |
| 1. 18 years of age or older
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| 1. hypertension defined as office systolic blood pressure (SBP) values ≥140 mmHg and/or diastolic BP (DBP) values ≥90 mmHg, self-reported history of hypertension, or the use of antihypertensive drug(s) at baseline
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| 1. signed informed consent
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| Exclusion criteria |
| 1. psychological or nervous system impairment resulting in an inability to demonstrate informed consent
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| 1. unable to be followed up according to the study protocol, or plans to relocate in the near future
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| 1. patients who were not suitable for inclusion or for long-term follow-up as assessed by the study physicians
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