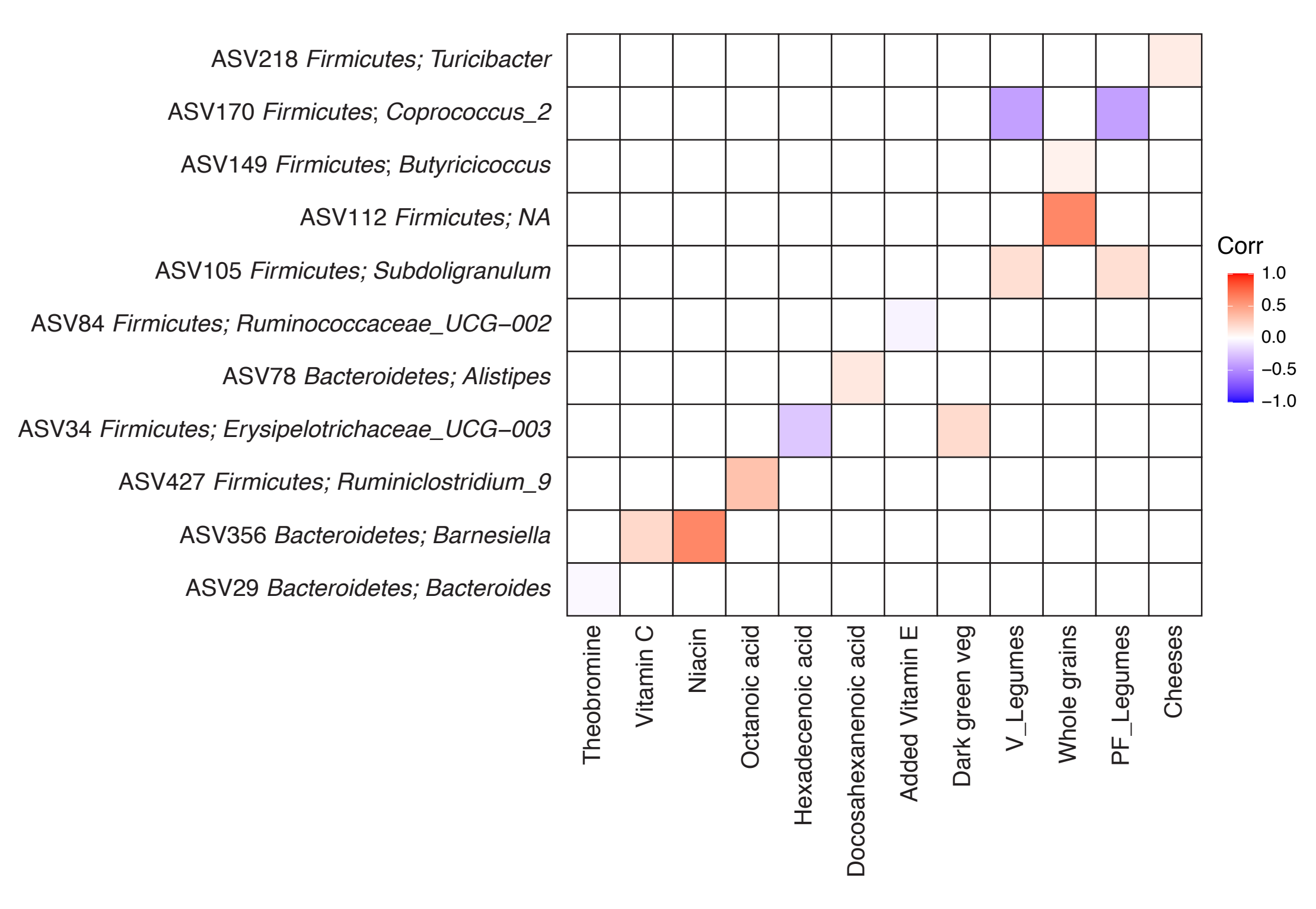
ASV218 Firmicutes; Turicibacter
ASV170 Firmicutes; Coprococcus_2
ASV149 Firmicutes; Butyricicoccus
ASV112 Firmicutes; NA
ASV105 Firmicutes; Subdoligranulum
ASV84 Firmicutes; Ruminococcaceae_UCG–002
ASV78 Bacteroidetes; Alistipes
ASV34 Firmicutes; Erysipelotrichaceae_UCG–003
ASV427 Firmicutes; Ruminiclostridium_9
ASV356 Bacteroidetes; Barnesiella
ASV29 Bacteroidetes; Bacteroides
Theobromine
Vitamin C
Niacin
Octanoic acid
Hexadecenoic acid
Docosahexanenoic acid
Added Vitamin E
Dark green veg
V_Legumes
Whole grains
PF_Legumes
Cheeses
Corr
1.0
0.5
0.0
−0.5
−1.0