

# Protocols for evaluating local bacterial viscoelastic environment and mechanical coupling in dilute bacterial suspensions

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## Method Article

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# Abstract

This manuscript describes a protocol for measuring mechanical coupling of optically trapped bacterial pairs, a protocol for probing microrheological properties of bacterial local environment using optical tweezers, a protocol for visualization of extracellular matrix components, and a protocol for determination of *\_eps\_* gene construct expression. The protocols are used to evaluate mechanical coupling in dilute bacterial suspensions and to probe viscoelasticity of bacterial local environment by microrheology.

## Introduction

It is generally assumed that planktonic bacteria in dilute suspensions are not mechanically coupled and do not show the correlated motion. However, this has recently been challenged and there is now a convincing evidence against such a simplistic view of bacterial suspensions. The mechanical coupling of cells is a trait that develops early during the growth of bacterial suspension, as has been demonstrated by optical tweezers for different bacterial dilute suspensions. Optical tweezers can be used to show long-range correlated motion in dilute bacterial suspension, as well as to study viscoelastic nature of the bacterial local environment. The fragile extracellular network connecting cells responsible for the mechanical coupling which is composed of extracellular polymeric material (i.e. eDNA, polysaccharides, proteins) can be visualized by various optical and electron microscopy techniques. In the following protocols we describe reagents, materials, equipment and procedures to measure mechanical coupling of optically trapped bacterial pairs in dilute suspensions to determine microrheological properties of bacterial local environment using optical tweezers, the protocol for visualization of extracellular matrix components, and the protocol for determination of *\_eps\_* gene construct expression. These protocols have been specifically designed for *\_Bacillus subtilis\_* bacterial dilute suspensions, however, the protocols can be easily modified for other bacteria and were successfully tested for *\_Escherichia coli\_*, *Vibrio ruber\_*, *Staphylococcus aureus\_*, *Pseudomonas fluorescens\_*, *Pseudomonas stutzeri\_*, and *\_Pseudomonas aeruginosa\_* dilute bacterial suspensions. The protocols have been rigorously tested and are robust.

## Reagents

Bead suspension (radius of 2.32  $\mu\text{m}$ , SS04N, Bangs Labs, Fishers, IN) Millipore water (Billerica, MA) TOTO-1 iodide nucleic acid stain (ThermoFisher Scientific, Molecular probes, USA) Fluoresceine sodium salt (ThermoFisher Scientific, USA) UV curing glue Non-bleaching mixture of vaseline, paraffine, and lanoline Silicone paste Filter paper Cover slips (60 $\times$ 24 mm<sup>2</sup>, #1.5 and 20 $\times$ 20 mm<sup>2</sup>, #1.5) Glass slides (75 $\times$ 25 $\times$ 1 mm<sup>3</sup>) Diagnostic slides (10 well / 6 mm) Spacers (e.g. cut from a book wrapping foil) Grids covered with Formvar support film for TEM (SPI supplies, USA) Metal holders for SEM 1 % (w/v) aqueous uranyl acetate 1 % (v/v) formaldehyde and 0.5 % (v/v) glutaraldehyde in a 0.1 M cacodylate buffer 0.1 M cacodylate buffer (pH 7.4) 1 % (v/v) aqueous solution of osmium tetroxide (SPI supplies, USA) Acetone (absolute) 1,1,1,3,3,3-Hexamethyldisilazane (Merck, Germany) 1,1,1,3,3,3-Hexamethyldisilazane concentration series in absolute acetone (30, 60, and 100 % (v/v)) Ethanol

concentration series (e.g. 50, 70, 90, 96, and 100 % (v/v)) Phosphate-buffered saline solution (PBS): 8.00 g/l NaCl, 0.20 g/l KCl, 1.44 g/l Na<sub>2</sub>HPO<sub>4</sub>, and 0.24 g/l KH<sub>2</sub>PO<sub>4</sub>, pH 7.4 SlowFade Gold antifade reagent (Life technologies, Thermo Fisher Scientific, USA) Lysogeny broth agar plates (LB plates): 1.0 % (w/v) tryptone, 0.5 % (w/v) yeast extract, 1.0 % (w/v) NaCl, and 1.5 % (w/v) agar Lysogeny broth liquid medium (LB): 1.0 % (w/v) tryptone, 0.5 % (w/v) yeast extract, and 1.0 % (w/v) NaCl SYM liquid medium (1): 70 mM K<sub>2</sub>HPO<sub>4</sub>, 30 mM KH<sub>2</sub>PO<sub>4</sub>, 25 mM (NH<sub>4</sub>)<sub>2</sub>SO<sub>4</sub>, 0.5 mM MgSO<sub>4</sub>, 0.01 mM MnSO<sub>4</sub>, 22 mg/l ammonium iron (III) citrate, 2 % (w/v) yeast extract, and 20 % (w/v) sucrose SM liquid medium (SYM medium without yeast extract) M9 liquid medium: 6.4 % (w/v) Na<sub>2</sub>HPO<sub>4</sub> × 7H<sub>2</sub>O, 1.5 % (w/v) KH<sub>2</sub>PO<sub>4</sub>, 0.25 % (w/v) NaCl, 0.5 % (w/v) NH<sub>4</sub>Cl, 2 mM MgSO<sub>4</sub>, 0.4 % (w/v) glucose, and 0.1 mM CaCl<sub>2</sub>

## Equipment

Microbe growth facility Benchtop centrifuge Microscope equipped with optical tweezers and coupled with a fast CMOS camera Spectrophotometer Nanodrop spectrophotometer Epifluorescence microscope UV lamp TEM SEM

## Procedure

**\*\*A. The protocol to measure mechanical coupling of optically trapped bacterial pairs\*\***

1. Reactivate the stored bacterial strain/-s by culturing on an appropriate solid medium at optimal growth conditions (in case of *Bacillus subtilis* strains on Lysogeny broth (LB) agar plates at 28 °C for 48 h).
2. Prepare the overnight (stationary phase) culture in the appropriate liquid medium at optimal conditions (in case of *B. subtilis* in LB liquid medium at 28 °C at 200 rpm for 16 h ± 1 h).
3. Transfer 1 % (v/v) of the overnight culture to 20 ml of a fresh medium in which you will determine the bacterial mechanical coupling (SYM medium in case of *B. subtilis*). Use 100 ml conical flask with baffles. Incubate bacterial culture at the optimal conditions until the early exponential phase (*B. subtilis* grown to the desired optical density). Put the culture on ice prior to optical tweezers experiments.
4. **Optional:** To obtain truly exponential grown cells inoculate 20 ml of a fresh medium in 100 ml conical flask with baffles with 1 % (v/v) of the culture in an early exponential phase (i.e. OD<sub>650</sub> = 0.3) and incubate the bacterial culture until the early exponential phase (again to OD<sub>650</sub> = 0.3). Repeat this step and use the regrown early exponential culture for optical tweezers experiments.
5. Calibrate optical tweezers by recording and analyzing bead position fluctuations in a stationary trap. Record at least 30,000 frames to obtain good statistics during each calibration run. Determine the bead positions in each frame using a particle tracking software (PartTrack V3.36 for Aresis Tweez). Fit distribution of bead positions with a Gaussian function. Calculate the trap stiffness  $k$  by equation  $k = (k_B T) / \sigma^2$  (1) where  $k_B$ ,  $T$ , and  $\sigma$  are Boltzman constant, absolute temperature and standard deviation of bead position distribution, respectively. Trap stiffness can also be conveniently calculated using PartTrack V3.36 for Aresis Tweezer.
6. Prepare sample cells for optical tweezers experiment by placing a smaller cover slip (20×20 mm<sup>2</sup>, #1.5) on top of a bigger cover slip (60×24 mm<sup>2</sup>, #1.5) and separate the two by a pair of spacers with a height of approximately 200 μm. A spacer can be cut from a book wrapping foil as a strip measuring

approximately  $20 \times 1 \text{ mm}^2$ . The sample cells, closed on two opposite sides with spacers, could be glued together using UV curing glue. **Step 6** can be prepared in advance. 7. Transfer the sample with a pipette between the two cover slides to fill the sample cell (approximately  $50 \mu\text{l}$ ) and seal the gaps between the slides on the opposite sides with a silicone paste to prevent the evaporation of water and consequently fluid currents. 8. Place the sample cell under the microscope. Generate two optical traps with a trap stiffness of approximately  $1 \text{ pN}/\mu\text{m}$ . The laser power should not be higher than a few  $10 \text{ mW}$  to reduce sample heating. In general, the minimum power that produces trap with enough stiffness should be used. Trap a non-swimming bacterium in each of the traps. Set the trapping plane at least  $30 \mu\text{m}$  from bottom wall and at least  $70 \mu\text{m}$  from the upper wall to minimize the boundary effects. 9. Sinusoidally modulate the position of the optically trapped bacterium (an active trap) with a predefined frequency and amplitude (in case of *B. subtilis*  $0.5 \text{ Hz}$  and  $3 \mu\text{m}$ , respectively). Both frequency and amplitude can be varied to maximize the detection of the coupled correlated motion. Position the second optically trapped bacterium (a passive trap) close to the active optical trap in the longitudinal direction on the line connecting the two bacteria (in case of *B. subtilis*  $10 \mu\text{m}$  apart). 10. Optional: The position of the passive trap can be set perpendicular to the sinusoidal oscillation of the active trap or at an angle of  $45^\circ$ . 11. Record the positions of the two bacteria with a camera at approximately 50 frames per second, but preferably at 200 frames per second. Synchronize the camera image acquisition with trap movement using external camera trigger so that the phase lag between the bacteria and trap positions could be exactly determined. 12. Switch off the passive optical trap and allow the passive bacterium to follow the oscillations of the active trap. Observe the correlated motion as soon as the bacterium is released from the passive trap. When the passive bacterium drifts too far from the starting position, shortly switch the passive trap on to reposition it. Record the correlated motion of the two bacteria and incrementally increase distance between the two bacteria until you cannot observe the correlated motion anymore (in case of *B. subtilis* from  $10 \mu\text{m}$  with a  $5 \mu\text{m}$  increment between the two optical traps up to  $60 \mu\text{m}$ ). 13. Acquire the position coordinates of the bacterial trajectories by analyzing recorded videos with particle tracking software (PartTrack V3.36 for Aresis Tweez). Fit the measured trajectories with a sine function to determine the amplitude and frequency of the passive bacterium using data processing software that supports fitting of the sine function (Origin 9.0, OriginLab, Massachusetts, USA). Set the limit of detection of the passive trap amplitude to at least  $0.20 \mu\text{m}$  (i.e. the resolution limit of optical microscope). 14. Determine the bacterial effective coupling distance. This is the largest distance at which the mechanical coupling between bacteria can still be detected (i.e. the coupling distance is above the measured noise level). 15. Determine the coupling strength of bacterial pairs as a function of a pair separation distance by comparing amplitude of passive bacterium oscillations at different distances. Possible interference of hydrodynamic interactions and other likely causes of artefacts are discussed in section Troubleshooting. **B. The protocol to determine microrheological properties of bacterial local environment using optical tweezers** 1. Prepare bacterial culture as described in **subsection A steps 1-4.** 2. Prepare optical tweezers sample cell as described in **subsection A step 6.** Sample cells can be prepared in advance. 3. Calibrate optical tweezers as described in **subsection A step 5.** 4. Dilute  $1 \mu\text{l}$  of the original bead suspension with a radius of  $2.32 \mu\text{m}$  with Millipore water by a factor of  $10^3$  in  $1.5 \text{ ml}$  microcentrifuge tube. Transfer  $60 \mu\text{l}$  of diluted bead suspension to  $1 \text{ ml}$  of bacterial culture (sample) or

to 1 ml of Millipore water (control) using pipette and mix. 5. Transfer sample to the optical tweezer sample cell with a pipette, fill the sample cell (approximately 50  $\mu\text{l}$ ), and seal the gaps with a silicone paste to prevent the evaporation of water and fluid currents. 6. Place the optical tweezer sample cell under the microscope. Generate an optical trap with a trap stiffness of approximately 1 pN/ $\mu\text{m}$ . The laser power should not be higher than a few 10 mW to reduce sample heating. In general, the minimum power that produces trap with enough stiffness should be used. Trap a bead at least 20  $\mu\text{m}$  from the sample cell wall to minimize the boundary effects. 7. Sinusoidally modulate the position of the optical trap with the constant amplitude (e.g. 0.3  $\mu\text{m}$ ) and at different frequencies (0.5, 1, 2, 5, 10 Hz). 8. Record the positions of measuring beads with a camera at no less than 50 frames per second, but preferably at 200 frames per second. Synchronize the camera image acquisition with trap movement using external camera trigger so that the phase lag between the bacteria and trap positions could be exactly determined. 9. Acquire the position coordinates of the bead trajectories in the sample and control by analyzing recorded videos with particle tracking software (e.g. PartTrack V3.36 for Aresis Tweez) and determine amplitude and phase lag of bead and laser-trap trajectories to obtain the microrheological parameters of a sample and control. The position of a sinusoidally modulated laser trap,  $x_t(t)$ , can be written as  $x_t(t) = A_t \sin(\omega t)$ , (2) where  $A_t$  is the amplitude of the trap displacement and  $\omega$  is the modulation frequency. Particle position as a function of time is obtained by analyzing the recorded image stream and can be written in a similar way as:  $x_b(t) = A_b(\omega) \sin[\omega t - \delta_b(\omega)]$ , (3) where  $A_b(\omega)$  is the amplitude of the bead displacement and  $\delta_b(\omega)$  is bead response phase lag. Neglecting the inertial term and thermal fluctuations, the equation of motion for the spherical probe  $x(t)$  with radius  $a$  is given by:  $6\pi\eta a(dx/dt) + [k_t + k_m]x(t) = k_t A_t \sin(\omega t)$ , (4) where  $\eta$  is solvent viscosity,  $k_m$  is the local stiffness of the medium and  $k_t$  is trap stiffness. Solving the equations of motion (Eq. 2, 3, 4) gives both components of a complex viscoelastic modulus:  $G'(\omega) = k_m / (6\pi a) = k_t / (6\pi a) [(\cos \delta_b(\omega) A_t(\omega)) / (A_b(\omega))] - 1$ , (5) and  $G''(\omega) = \omega \eta(\omega) = (k_t / (6\pi a)) [(\sin \delta_b(\omega) A_t(\omega)) / (A_b(\omega))]$ . (6) Possible interference of hydrodynamic interactions and other likely causes of artifacts are discussed in section Troubleshooting. \*\*C.

Visualization of the extracellular matrix and determination of the eps genes expression\*\* \*\*i.

Transmission electron microscopy (TEM)\*\* 1. Bacterial culture preparation is described in \*\*subsection A steps 1-4.\*\* 2. For TEM, grow bacteria in a medium with a low polymeric background (in case of *B. subtilis* in SM medium, or in the case of *Escherichia coli* in M9 medium) and collect samples at different times of incubation. 3. Transfer approximately 20  $\mu\text{l}$  of bacterial culture or sterile growth medium (to determine the initial polymeric background) immediately on grids covered with Formvar support film and allow the bacteria to attach to Formvar film by 5 min incubation. 4. Carefully remove the excess medium by filter paper. 5. Negatively stain the samples by transferring approximately 20  $\mu\text{l}$  the 1 % (w/v) aqueous uranyl acetate to completely cover the grids. Incubate for 5 seconds. 6. Carefully remove the contrasting medium by filter paper and allow the sample to dry on air. 7. Examine the grids on TEM at 80 keV (Philips CM100, Netherlands in our case). \*\*ii. Scanning electron microscopy (SEM)\*\* 1. Bacterial culture preparation is described in \*\*subsection A steps 1-4.\*\* Collect samples of the bacterial culture at selected times of incubation and a sample of sterile growth medium (to determine the initial polymeric background) in a 1.5 ml microcentrifuge tubes. 2. Immediately after the sample collection fix

the samples in 1 % (v/v) formaldehyde and 0.5 % (v/v) glutaraldehyde in a 0.1 M cacodylate buffer for at least 20 minutes at 4°C to prevent further sample modifications. 3. Transfer approximately 100 µl of the fixed samples to a pre-cleaned glass slide. 4. Rinse the slides in 0.1 M cacodylate buffer and postfix the attached cells and extracellular matrix in a 1 % (v/v) aqueous solution of osmium tetroxide for 1 h at 4°C. 5. Rinse the slides with deionized water and dehydrate the samples in an ethanol series (50, 70, 90, 96, and 100 % (v/v), for 5 min each). 6. Transfer the dehydrated samples to acetone and gradually replace acetone with hexamethyldisilazane through series of 30 %, 60 %, and 100 % (v/v) of hexamethyldisilazane in absolute acetone. 7. Air dry and attach slides to metal holders. Sputter-coat the samples with 5 nm layer of platinum (SCD 050, BAL-TEC, Germany in our case) and examine with SEM (JSM 7500, JEOL, Japan in our case).

**iii. Visualization of extracellular DNA (eDNA) during early network formation**

1. Bacterial culture preparation is described in **subsection A steps 1-4.** For fluorescent microscopy, culture the bacteria in a liquid medium with a low fluorescent background (in case of *B. subtilis* SM medium) and collect approximately 100 µl of the culture sample at selected incubation times.
2. To visualize eDNA, use TOTO-1 iodide nucleic acid stain in a final concentration of 2 µM. Prepare the stock solution by 10-fold dilution of the original concentrate in PBS. Add 2 µl of stock solution to 50 µl of bacterial culture and gently mix. Transfer 10 µl of the mixture to a microscope glass slide (75×25×1 mm<sup>3</sup>), cover the slide with a cover slide (20×20 mm<sup>2</sup>, #1.5), and seal the gap by a preheated mixture consisting of non-bleaching vaseline, paraffine and lanoline. Do not incubate!
3. Immediately observe the prepared samples using the fluorescence microscope equipped with a mercury lamp, appropriate objectives with high NA (in our case ×100/1.40 NA objective), appropriate filter set, and record the images with a coupled camera. Although TOTO-1 attached to eDNA is strongly fluorescent, eDNA – TOTO-1 complex has lower intensity than the much more concentrated intracellular DNA. Therefore, to detect labeled eDNA will likely be needed.

**iv. Single cell fluorescence measurements**

1. Coat the wells of diagnostic slides (10 wells / 6 mm) by transferring approximately 10 µl of 0.05 % (w/v) poly L-lysine into each well and wait approximately an hour at room temperature until water evaporates. **Step 1** can be prepared in advance. Coated slides can be used up to a week, otherwise clean the slides with water, 70 % (v/v) ethanol, and coat the slides again.
2. Grow the strain expressing fluorescently labeled target protein (e.g. *B. subtilis* YC164 (P<sub>epsA</sub> -gfp\_ at the amy\_ locus in NCIB 3610, Cm<sup>r</sup> (2))) as well as unlabeled strain (e.g. *B. subtilis* NCIB 3610 wt) to determine cell autofluorescence in a liquid medium (in case of *B. subtilis* in SYM). Collect approximately 1 ml of the culture samples of labeled and unlabeled strain at selected time intervals.
3. Centrifuge the cultures at 10,000×g for 10 min to separate the cells from the liquid medium and replace the supernatant by an equal volume of phosphate-buffered saline solution (PBS).
4. Transfer approximately 15 µl of cell suspension to each of the coated wells of a diagnostic slide and incubate for 15 min at room temperature to allow cells to adhere to the wells. Afterwards, rinse with PBS to remove the unattached cells and disperse the excess fluid.
5. Add 2 µl of the SlowFade Gold antifade reagent to each well to reduce the photo-bleaching of a marker and cover the slides with cover slides (60×24 mm<sup>2</sup>, #1.5).
6. Examine the slides with the fluorescence microscope and record differential interference contrast (DIC) and fluorescence images (FL) of the same view fields with a coupled camera.
7. Analyze the obtained images using the provided freely available Fiji (ImageJ) software script (Supplementary File 1). Run the

script from the menu Plugins\Macros\Run. The script assumes that the user has two FL microscopy images of standard solution (in our case sodium fluoresceinate). The first image of standard solution is taken at the beginning of the microscopy session and the second at the end since the intensity of light source might be time dependent. The purpose of the standard is to normalize the intensity and for flat-field correction. Furthermore, the script assumes the sample images contain two channels, a DIC image showing all bacteria and FL image displaying only fluorescent bacteria. When the program asks you to select the sample image the Split channels option in the Bio-formats Import Options menu must be enabled. The script then makes an average fluoresceinate (or standard of your choice) image from two images taken at the beginning and at the end of the microscopy session and removes the local impurities (small dust particles, aggregates from fluoresceinate (standard) images). Afterwards, the DIC image of the sample is converted to a binary image and FL sample image gets normalized to fluorescein standard. The background from FL image is obtained and subtracted. The normalized, background and flat-field corrected FL image is finally multiplied by the binary image obtained from DIC. As a result, all cells regardless of their fluorescence intensity are considered in the next step, in which the mean fluorescence intensity of each individual cell is obtained. The final results are saved as an excel spreadsheet, each line corresponding to one object (cell) in the microscopy image. The column mean corresponds to the mean fluorescent intensity of each cell. The corrected and extracted images are also saved to the chosen directory. Once the analysis is done the script asks you to click "OK" to continue. By pressing "OK", all the windows get closed and the script starts again achieving a continuous analysis of several microscopy images.

8. Determine the population distributions in fluorescent marker expression using OriginPro software (Origin 9.0, OriginLab, Massachusetts, USA). By measuring individual cells fluorescence with microscopy, as in **subsection C-IV, steps 2 to 7** two distributions: (i.) fluorescence of control unlabeled strain (i.e. strain without GFP, only autofluorescence) and (ii.) fluorescence of GFP labeled strain are obtained. Two contributions to fluorescence in GFP labeled strain, are the fluorescence of GFP itself and the fluorescence of other fluorochromes that are present in the same cells. To obtain the fluorescence distribution of only GFP, one cannot simply subtract the background fluorescence (autofluorescence) from the fluorescence of GFP strain. Instead, one can assume the two contributions are independent and in this case the distribution of fluorescence of the `_eps-gfp_` cells is the convolution of distribution of GFP fluorescence and the distribution of background fluorescence (autofluorescence). To extract the parameters of unknown GFP fluorescence distribution fit the GFP distribution by convolution of background fluorescence (autofluorescence) and unknown lognormal GFP distribution. For details on how to implement this in OriginPro see the online tutorial by OriginLab (<http://www.originlab.com/doc/Tutorials/Fitting-Convolution>). Replace the exponential decay function  $vSignal = A \exp(-t^{**}vSample)$  (7) in the online example with lognormal distribution:  $vSignal = A / (\sqrt{(2^{**}PI)^{**}w^{**}vSample})^{**} \exp(-(\ln(vSample/xc))^2 / (2^{*}w^2))$  (8) and then fit your experimental GFP distribution data. Check the quality of the fit, if the fit is not sufficient first make sure that insufficient fitting is not due to initial values of fitting parameters being completely off. If this does not amend the problem than you can try fitting with:  $vSignal = A1 / (\sqrt{(2^{**}PI)^{**}w1^{**}vSample})^{**} \exp(-(\ln(vSample/xc1))^2 / (2^{*}w1^2)) + A2 / (\sqrt{(2^{**}PI)^{**}w2^{**}vSample})^{**} \exp(-(\ln(vSample/xc2))^2 / (2^{*}w2^2))$  (9) The function (9) assumes your GFP distribution is bimodal, which is often the case in bacterial

subpopulation development. The best fit parameters that determine the lognormal GFP distribution are than used to plot the GFP distributions.

## Troubleshooting

**\_The effect of inoculum\_** The strength and distance of the effective coupling between optically trapped bacterial pairs is dependent on growth phase and inoculum processing history before the inoculation. For example, in the case of *B. subtilis*, the diluted stationary phase bacteria, the diluted and several times washed stationary bacteria, or several times re-grown culture to the exponential growth phase differ in the effective coupling strength. The initial effective coupling distance can be different from zero due to hydrodynamic effect as well as due to the presence of extracellular matrix components strongly attached to the cell surface. Such a pre-seeded mechanical coupling cannot be removed from the cell surface and is part of the bacterial outer envelope that is transferred with bacterium to a fresh growth medium with inoculation.

**\_Hydrodynamic interactions between bacterial pairs\_** Hydrodynamic interactions between bacteria should be always checked in advance. In the dilute regime, the hydrodynamic interactions between pairs of bacteria (or passive particles) are often ignored as the interparticle distance exceeds the range of the flows resulting from the particle motion. With increasing bacterial cell density, however, the hydrodynamic effect can no longer be ignored. To experimentally check for hydrodynamic interactions measure the correlated motion of the two bacteria or silica beads separated at distances from 7 to 15  $\mu\text{m}$ . Set the trapping plane to at least 30  $\mu\text{m}$  from the bottom surface to neglect the surface effect. Oscillate one of the particles by an active trap (full stiffness) with amplitude of 3  $\mu\text{m}$  and frequency of 0.5 Hz in the direction which connects centers of the beads (longitudinal direction). Hold the probe bead at the fixed position in a weak trap, at lowest possible stiffness (20 % of full stiffness). Record the motions of the beads for approximately 5 min. Fast Fourier Transform could be applied to the data to check if the motion is coupled and when the hydrodynamic interaction fades away.

**\_Multiple bacteria/particles in optical traps\_** During the measurements of effective coupling of bacterial pairs only one bacterium without any other particles should be trapped in each optical trap. The measurement is invalid if more bacteria are trapped in an optical trap. The frequency of involuntary trapping of bacteria increases with bacterial density. In case of *B. subtilis*  $\text{OD}_{650}$  of the bacterial suspension should be no greater than 0.5. Similarly, in the one particle active microrheological measurement only one bead without any particles should be trapped to obtain the correct values of elastic and loss moduli.

**\_Problems with motile bacteria in optical tweezers experiments\_** Motile bacteria are difficult to trap and escape easily from the trap. Due to the fragile nature of early extracellular network motile bacteria are able to swim through the matrix. For the mechanical coupling distance determination experiments use non-motile bacteria. In case of motile non-fermenting bacterial species, respiratory chain inhibitors such as sodium azide ( $\text{NaN}_3$ ) can be used to stop the synthesis of ATP and consequently render the bacteria non-motile. Alternatively, cells may be starved to reduce their motility.

**\_Troubleshooting in analysis of video in optical tweezers experiments\_** To obtain reliable data from particle tracking software requires cylindrically symmetric sample illumination during recording (i.e. without shadows on one particle side that may have adverse effect on accuracy of position determining algorithms) and proper parameters setting of the

image processing algorithm. Refer to instructions of used particle tracking software. Usually it requires some experimenting with parameters to determine the optimal combination. The problem with cell lysis Stress conditions such as interrupted shaking during the incubation can induce massive cell lysis in bacterial cells of certain strains (e.g. *B. subtilis*). This increases the strength of mechanical couplings. Released intracellular polymeric material of lysed cells can thus contribute to the mechanical coupling giving higher effective coupling distances. Cell lysis is growth phase dependent and can be significantly reduced if cells are cold shocked after sampling. Selection of growth media Bacterial growth media used for cultivating bacteria to perform optical tweezers experiments or visualize bacteria with electron microscopy should have low polymeric background or completely lack polymers. Similar to polymeric material released during cell lysis, the polymers present in the growth media also contribute to mechanical coupling. Fluorescence experiments with nanosensitive nucleic acid dye Our microscope setup allows two options for obtaining an image: (i) by using highly sensitive photomultiplier tube (PMT) detectors and lasers working in confocal mode and (ii) high-quality CCD camera working with mercury light source in conventional mode. In many cases it was easier to detect eDNA in the conventional mode, as the simultaneous acquisition of all pixels by CCD camera made possible to easily notice moving nucleic acid particles or vibrating DNA strings. Changing the exposure time of the camera and increasing the brightness of the image by display settings can improve the detection of eDNA. Moving the focus knob of the microscope slightly up and down to increase the chance of catching the optimal focus can also be beneficial. Image analysis in single cell fluorescence measurements By extracting bacteria from DIC image the algorithm in the script decomposes original DIC image into two images (imageA and imageB). Prior to joining them, the imageB is translated by  $x=2$   $y=-2$ . The two values might be different for various system setups, as they are dependant on microscope optics and image size. By comparing imageA and imageB and by overlapping them the adjustment of the two values can be made so imageA and imageB together best reflect the bacteria on original DIC image.

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