

CARE Checklist of information to include when writing a case report

Topic	Item	Checklist item description	Reported on Page
Title	1	The words “case report” should be in the title along with the area of focus	p1
Key Words	2	2 to 5 key words that identify areas covered in this case report	p2
Abstract	3a	Introduction — What is unique about this case? What does it add to the medical literature	p3
	3b	The main symptoms of the patient and the important clinical findings	p4
	3c	The main diagnoses, therapeutics interventions, and outcomes	p5
	3d	Conclusion—What are the main “take-away” lessons from this case?	p9
Introduction	4	One or two paragraphs summarizing why this case is unique with references	p3
Patient Information	5a	De-identified demographic information and other patient specific information	p4
	5b	Main concerns and symptoms of the patient	p4
	5c	Medical, family, and psychosocial history including relevant genetic information (also see timeline)	p4
	5d	Relevant past interventions and their outcomes	p4
Clinical Findings	6	Describe the relevant physical examination (PE) and other significant clinical findings	p4, 5
Timeline	7	Important information from the patient’s history organized as a timeline	Not applicable
Diagnostic	8a	Diagnostic methods (such as PE, laboratory testing, imaging, surveys)	p4, 5
Assessment	8b	Diagnostic challenges (such as access, financial, or cultural)	p4, 5
	8c	Diagnostic reasoning including other diagnoses considered	p4, 5
	8d	Prognostic characteristics (such as staging in oncology) where applicable	Not applicable
Therapeutic Intervention	9a	Types of intervention (such as pharmacologic, surgical, preventive, self-care)	p5
	9b	Administration of intervention (such as dosage, strength, duration)	p5
	9c	Changes in intervention (with rationale)	Not applicable
Follow-up and	10a	Clinician and patient-assessed outcomes (when appropriate)	p5, 6
	10b	Important follow-up diagnostic and other test results	p5, 6
Outcomes	10c	Intervention adherence and tolerability (How was this assessed?)	p5, 6
	10d	Adverse and unanticipated events	Not applicable
Discussion	11a	Discussion of the strengths and limitations in your approach to this case	p8
	11b	Discussion of the relevant medical literature	p7 - 9
	11c	The rationale for conclusions (including assessment of possible causes)	p8, 9
	11d	The primary “take-away” lessons of this case report	p9
Patient Perspective	12	When appropriate the patient should share their perspective on the treatments they received	yes
Informed Consent	13	Did the patient give informed consent? Please provide if requested	yes